Mary Kristina DePue

Curriculum Vita

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Education:

- Ph.D., Counselor Education, University of Central Florida
- M.Ed., Human Development and Counseling, Vanderbilt University
- B.A., Sociology, Vanderbilt University

Professional Experience:

Prior to joining the faculty at Nevada, DePue was an Assistant Professor at the University of Florida, where she also held an Affiliate appointment with UF Psychiatry. DePue is active in the American Counseling Association, serves on multiple editorial review boards, and has held various leadership positions for the International Association of Addictions and Offender Counselors (IAAOC). In her spare time, DePue and her husband love traveling, skiing, and live music.

Research Interests

DePue is an Associate Professor of Counseling and Educational Psychology at the University of Nevada. DePue's research goals are motivated by her clinical observations within the addictions counseling field, which has resulted in two research areas: (a) chemical and process addictions, specifically concentrating on the role of negative experiences in behavioral change; and (b) counselor development and supervision, focusing on how both counseling trainees and clients change.

Scholarly Works

DePue's scholarly work related to addictions began as her master's thesis at Vanderbilt University, which was a qualitative study on the bottoming out experience (BOE) in addiction. She has continued this research by expanding on the notion of BOEs as the culmination of negative experiences during addiction, rather than a one-time event, and how these negative experiences relate to behavioral outcomes. An inclusionary factor of the BOE is the notion of shame, which can be influenced by internalized stigma. Consequently, DePue also examines public stigma and implicit bias in an effort to understand the barriers to treatment for individuals with addiction, specifically focusing on underserved populations (i.e., individuals with criminal justice histories, gender minorities) and Opioid Use Disorder. Lastly, DePue studies the utility of technology based interventions to reduce the harm of substance use in college students.