Students, Parents/Guardians, Coaches and Supervisors,

The Upward Bound Administrative team is happy to partner with our student-athletes for this Upward Bound Summer Academy. The Summer Academy Student-Athlete and Activity Policy states:

- All student-athletes who are participating in a Northern Nevada High School or Nevada Interscholastic Activities Association (NIAA) sanctioned sport for the Fall and have mandatory summer work outs, will be given permission to attend their work outs during the Upward Bound Summer Academy program. This includes cross country, football, women’s golf, volleyball, men’s and women’s soccer, cheer, and men’s and women’s tennis. This DOES NOT INCLUDE basketball, wrestling, baseball, softball, track and field, swimming, and club sports.

- Student-athletes must have a release form signed by a parent/guardian and coach, and receive prior approval from Upward Bound Administrative team before they will be released to attend summer work outs. All signatures are required. No exceptions will be made.

- Permission to be released for non-athletic activities will be approved at the discretion of the student’s counselor and the program director. Students will not be released to attend work-related activities.

- Students will be released no earlier than 1:00 p.m. and must check back in with an Upward Bound staff member before 6:00 p.m., Monday through Thursday. Check-outs from 1:00 p.m. to 3:00 p.m. will only be allowed for students enrolled in Athletic Training. No exceptions will be made.

- Parents/students will be responsible for their own transportation, and the Upward Bound program will not assume any liability for injury.

- Students are required to maintain a 3.25 or higher grade point average (GPA) during Summer Academy. If at any time the student’s GPA is below a 3.25, they will not be released for summer work outs. The student can resume summer work outs only when the GPA is at a 3.25 or higher.

- If it is discovered that the student is not attending his or her work outs, falsifying release forms, violating Upward Bound policies outlined in the Upward Bound Summer Academy Handbook, and/or not returning to the Summer Academy program by 5:00 p.m., release for work outs will be suspended. No exceptions will be made.

If you agree to these terms and conditions, give your student permission to participate in summer work outs, assume responsibility for the student’s transportation, assume liability for injury, and are willing to adhere to this policy, please sign, print, date, review and sign with the coach/supervisor, and return to the Upward Bound Office.

If you have questions or concerns about this policy, please contact the Upward Bound Office at 784-4978 and ask to speak with your student’s counselor or the Program Director, Ellen Houston.
Please indicate the days and times you will be off campus for your summer activity on the chart below:

<table>
<thead>
<tr>
<th></th>
<th>1:00 PM – 2:00 PM</th>
<th>2:00 PM – 3:00 PM</th>
<th>3:00 PM – 4:00 PM</th>
<th>4:00 PM – 5:00 PM</th>
</tr>
</thead>
<tbody>
<tr>
<td>MONDAY</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>TUESDAY</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>WEDNESDAY</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>THURSDAY</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Activity: ____________________________________________________

STUDENT

I have read and understand the terms of this release form, and I agree to adhere to these terms at all times. I understand that failure to follow all Upward Bound policies, contracts and rules may result in loss of this privilege.

STUDENT PRINTED NAME: _________________________________________ DATE: ________
STUDENT SIGNATURE: ___________________________________________ DATE: ________

COACH/SUPERVISOR

COACH/SUPERVISOR PRINTED NAME: _______________________________ DATE: ________
COACH/SUPERVISOR SIGNATURE: _________________________________ DATE: ________
COACH/SUPERVISOR PHONE: ________________________________ EMAIL: ________________________

PARENT

I give permission for my student to be released from the Upward Bound Summer Academy program for participation in the activity above. I have read and understand the terms of this release form. I understand that if my student fails to adhere to the Upward Bound policies, contract and rules, that he/she may lose this privilege.

☐ I give my consent for my son/daughter to use a vehicle to drive him/herself to and from the campus solely for the activity above consistent with the rules listed in the Student Handbook.

☐ I give my consent for my son/daughter to be transported to and from the activity above by:

<table>
<thead>
<tr>
<th>NAME - PLEASE PRINT (List all individuals- Include Self)</th>
<th>RELATION TO STUDENT</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

PARENT/GUARDIAN PRINTED NAME: _______________________________ DATE: ________
PARENT/GUARDIAN SIGNATURE: _________________________________ DATE: ________