



University of Nevada, Reno

Counseling Services

Psychology Doctoral Internship Brochure: 2019-2020



Pennington Student Achievement Center, Our Building, Opened in 2016

The University of Nevada Counseling Services is pleased to announce we are currently accepting applications for three full-time, one-year (2000 hour) positions for the 2019-2020 internship year. Our stipend is \$28,000 plus benefits. All materials must be submitted for review online by **December 7, 2018 at 11:59PM, PST**. This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant. We are current APPIC members, *not* APA-accreditedⁱ, and we abide by APPICs 2016 policy on public statements about accreditation and APPIC membership:

<http://www.appic.org/About-APPIC/APPIC-Policies/Public-Statements>

We will notify applicants of selection for an interview by **December 21, 2018 by 5PM, PST**. Interviews will be conducted by phone and/or Skype and will be set up and conducted in early-mid January.

Match Day is Friday, February 22, 2019 (Phase I)

Our APPIC Match Code is: 2382

Description of the Center

The University of Nevada Counseling Services is a growing university counseling center that provides individual and group psychotherapy, crisis intervention, psychological assessment, outreach including educational workshops and presentations, general consultation and sport psychology consultation, and referrals to community health care providers. These services are undertaken in accordance with the following mission – to provide psychological services to University of Nevada Reno students to support and facilitate their personal and academic success and development.

Counseling Services Diversity Mission Statement

The University of Nevada, Reno Counseling Services acknowledges, accepts, and embraces diversity in its multiple forms, including but not limited to ability, age, cultural identity, ethnicity, gender identity and expression, language, nationality, sex, sexual orientation, socioeconomic status, race, and religion. We are committed to providing a safe, affirming, accepting, and empowering environment in our relationships amongst our staff and trainees as well as our clients, the university, and the community as a whole.

Counseling Services provides education and training in multicultural competency to practicum students, doctoral interns, postdoctoral fellows, and our professional staff. Counseling Services also provides services and training opportunities that encourage and educate the university community on the importance and value of multiculturalism and diversity in mental health and psychological practice.

University of Nevada, Reno Counseling Services Staff

The professional staff currently consists of six full-time licensed psychologists, two part-time licensed psychologists, two full-time licensed clinical social workers, and one part-time licensed clinical social worker. In addition to several administrative staff, each year we have between six and ten graduate trainees in Psychology or Social Work.

Philosophy and Goals of the Training Program

Our doctoral internship is designed to train interns to be competent entry level generalist psychologists able to work with adults, especially in college or university counseling settings. We have several specific objectives within this overarching goal: 1) Clinical Competence, 2) Multicultural Competence, and 3) Ethical Practice and Professionalism.

- 1) We strive to train entry-level generalists who are committed to providing competent psychological services, including initial evaluation/assessment, individual and group psychotherapy, psychological testing, multicultural practice, supervision of trainees (depending on number of available practicum students), and program evaluation and research in multi-disciplinary environments. In

addition, we strive to train generalists with competence to work in an identified emphasis area including, but not limited to, working with GLBTQI populations, diversity and multicultural counseling, psychological testing, eating disorder treatment, sport psychology consulting, group counseling, behavioral health/integrated care, outcome evaluation and research, or supervision and training.

- 2) We strive to train generalists to be multiculturally competent professionals who apply ongoing self-awareness as cultural beings, awareness of others as cultural beings, and awareness of interactions amongst themselves, others, and groups within systems to maintain culturally-informed practice and multicultural humility.
- 3) We strive to train generalists to conduct themselves in a socially and ethically responsible manner, understanding and applying the laws and ethical principles of psychology as a profession. We value self-reflection, self-assessment, and self-care. We strive to train generalists who identify, reflect about, understand, and promote socially-just change at the individual client, group, institutional, community, and systems level, particularly when it impacts client development and functioning.

Required Qualifications for Candidates

Applicants must have completed all the following formal requirements towards Ph.D. or Psy.D. degree candidacy in Counseling or Clinical Psychology (preferably APA accredited), including:

- All course work necessary for the title of doctoral candidate including comprehensive exams by the start of internship, which is August 1st, 2020.
- Acceptance of dissertation proposal by dissertation committee no later than the APPIC match ranking date.
- A minimum of 500 cumulative supervised hours in direct clinical service as defined by APPIC criteria no later than the APPIC match ranking date.
- At least 400 direct therapy hours; with no less than 300 accrued during the doctoral program, with at least 200 hours accrued with adults no later than the APPIC match ranking date.

Preferred Qualifications for Candidates

UNR Counseling Services seeks individuals who are team players, have strong communication skills, practice good self-care, are open to learning, and value self-reflection as a tool for professional development. Preference will be given to applicants with experience administering intellectual and personality assessment measures and applicants with clinical experience working with the college student population.

Application Procedures

APPIC Match Number **2382**

Refer to the APPIC website for more details and complete application instructions for applying online. All application materials listed below are uploaded via the APPIC applicant portal. We do not accept any paper materials. Interested candidates should submit:

- Completed AAPI online
- Cover letter
- Current curriculum vitae
- Official graduate transcript(s)
- The Academic Program's Verification of Internship Eligibility and Readiness
- Three Standardized Letters of Reference, with at least two from clinical supervisors who speak directly about the quality of your clinical work and your engagement in clinical supervision.

A background check will be completed upon hire, based on HR requirements, and *hiring is contingent upon passing our background check.*

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We will notify applicants of selection for an interview by **December 21, 2018 by 5PM, PST**. Interviews will be conducted by phone and/or Skype and will be set up and conducted in late December and early-mid January.

Match Day is **Friday, February 22, 2018**.

Our APPIC Code is **2382**.

Internship Responsibilities and Expectations

The University of Nevada, Reno Psychology Doctoral Internship is a 2000 hour experience, with the expectation of at least 500 hours of direct service activities. Interns gain experience through a wide range of activities some of which will be negotiated individually by each trainee based on their interest areas and the needs of the center. The doctoral internship in professional psychology includes these components:

Direct Service:

- Intake/initial consultation assessments
- Individual psychotherapy
- Group counseling
- Crisis intervention
- Psychological testing and report writing
- Clinical supervision of a therapist in training (depending on number of available practicum students (N = 3 in 2017; N = 5 in 2018))
- Outreach and consultation

Training Activities:

Training Seminars include: developing multicultural competencies, intern case conference/consultations, supervision of supervision (depending on number of available practicum students), and clinical/professional issues seminar. Additionally, training seminars will include didactics such as: brief therapy, crisis/suicidal/at-risk clients, professional ethics, mindfulness, and eating disorders.

Three hours of regularly scheduled individual supervision and two hours of regularly scheduled group supervision will be provided per week. Other regularly scheduled activities include training and practice in psychological assessment, our weekly staff meeting, outreach, multidisciplinary consultation, preparation and administrative time for documentation, dissertation research time/professional development time.

Specialty emphasis areas are available depending on intern interests, available staff with focuses in these areas, and center needs. Examples include, but are not limited to: GLBTQI populations, diversity and multicultural counseling, psychological testing, eating disorder treatment, sport psychology consulting, group counseling, behavioral health/integrated care, outcome evaluation and research, or supervision and training.

Training Year and Benefits:

We will offer three positions for the 2019-2020 internship year. The internship is 40 hours/week starting August 1, 2020. The stipend is \$28,000 plus benefits, paid monthly. Interns also receive 11 university holidays and 10 annual leave days, 10 sick days, and professional development leave. The timing of leave is subject to approval of the Training Director. All interns will have a private office with a computer, webcam for videotaping, and library privileges.

University Commitment to Diversity

The University of Nevada is committed to recruiting a high-achieving, diverse student body and providing access and a clear path to graduation. This includes the goal to move from an emerging Hispanic Serving Institution (HSI) to a designated HSI.

Description of the University and Reno Area

U.S. News and World Report ranks the University of Nevada as a national Tier 1 university. We earned this distinction by the quality of our students, faculty, research activity, and degree programs. Total enrollment in Fall 2018, was over 21,000 students. Students seeking a bachelor's degree can choose from majors in everything from anthropology to wildlife ecology and conservation. One of the pillars of the University of Nevada is its research led by highly credentialed faculty who are advancing critical fields of study. The Reno campus is a beautiful combination of old and new, with the historic quad dating back to the 19th century, along with high tech and environmentally-conscious new buildings.

Just 45 minutes away from Lake Tahoe and the Sierras, Reno is a community on the move. With over 300 days of sunshine per year, it has a favorable quality of life through four distinct seasons. There is an array of art and cultural activities. With several major venues for concerts and sporting events as well as 15 world-class skiing and snowboarding resorts, hundreds of mountain biking and hiking trails, plenty of activities are immediately accessible. Its proximity to California including Sacramento, Napa Valley, and San Francisco makes Reno a unique place to live and branch out to other unique destinations.

¹ Questions related to the program's accredited status should be directed to the Commission on Accreditation:

Office of Program Consultation and Accreditation
American Psychological Association
750 1st Street, NE, Washington, DC 20002
Phone: (202) 336-5979 / E-mail: apaaccred@apa.org
Web: www.apa.org/ed/accreditation