HOPE GROWS for Nevada Trans Health

TAKING ROOT IN OUR COMMUNITY

The Nevada State Health Division and the University of Nevada, Reno School of Community Health Sciences in collaboration with the Advocates for Transgender Health (ATH) and the Transgender Allies Group (TAG) are conducting an online study to better understand the health needs of the Transgender/Gender Non-Conforming community in Nevada. The results of the study will help in the development of Trans services in Nevada.

To be eligible for the survey you need to identify as Transgender or Gender Non-Conforming in some way, have lived or worked in Nevada in the past six months, and be 18 years or older.

The online survey will take about 30 minutes. It is completely anonymous. There is no way to connect your name or identity to your survey responses.

To Take the Anonymous Online Survey, Please Visit: https://www.surveymonkey.com/s/nvtranshealth

For more information, visit: www.nvtranshealth.com

Updated February 2013
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Community Resources

Local

University of Nevada Reno
Center for Student Cultural Diversity
(775) 784-4936  www.unr.edu/cultural-diversity

University of Nevada Reno
Queer Student Union
www.facebook.com/unrqsu

Nevada Gay and Lesbian Visitors and Convention Bureau
www.nevadagaytourism.com/Home.html

Northern Nevada Hopes
(775) 348-2893 www.nnhopes.org

Build Our Center
http://buildourcenter.org/

Planned Parenthood
(775) 321-8711
www.plannedparenthood.org/health-center/centerDetails.asp?f=2262&a=90130&v=details

Transgender Allies Group (TAG)
Contact: Brock Maylath bmaylath@sbcglobal.net

Spectrum of Northern Nevada
http://spectrumnv.org

Stonewall Democrats of Northern Nevada
http://queerdems.wordpress.com

Equality Nevada
http://www.eqnv.org

Contact Information

Please contact Nicole Ott with questions, comments, or suggestions about this resource guide. Nicole can be reached at nicole@nnhopes.org or by phone at (775) 348-2893.

A Publication of Transgender Allies Group (TAG) and Northern Nevada HOPES
Updated: 2/14/13
Transition Products and Information

MTF prostheses and products  
www.cinderelladream.net

FTM International  
Resources, publications, and information for FTMs  
www.ftmi.org

Mango Products  
Full line of FTM prostheses, harnesses, and chest binders  
www.mangoproducts.net

The Transitional Male  
www.thetransitionalmale.com

Under Armour (chest binding products)  
www.underarmour.com

FTM at Underworks  
www.underworks.com/ftm

Centurian /Transformation  
www.centurianonline.com  
(custom orders and local pick-up available)

Community Resources (Cont.)

Youth Specific

Safe Place (ages 12-17) Free and confidential 24-7  
(866) U-ARE-SAFE (827-3723)

The Trevor Project  24 hour lifeline  
(866) 4-U-TREVOR (488-7386)

Trans Youth Family Allies  
(888) 462-8932  www.imatyfa.org

Gay, Lesbian, and Straight Education Network (GLSEN)  
www.glsen.org

GLBT Youth Support Project / OutHealth  
http://hcsm.org/glys/home

True Child  
http://www.truechild.org

National Youth Advocacy Coalition  
http://nyacyouth.org

Youth Resource  
http://www.youthresource.com

GLBT National Youth Talkline  
(800) 246-PRIDE (7743)

National Resources

The GLBT National Resource Database  
www.glbtnearme.org

The Northwest Network of BTLG Survivors of Abuse  
http://nvnetwork.org

The National Coalition of Anti-Violence Programs  
www.ncavp.org

LAMBDA GLBT Community Services  
http://lambda.org
Community Resources (Cont.)

**National Resources**

- Project Rainbow Net  
  [www.nccadv.org](http://www.nccadv.org)
- Survivor Project  
  [www.survivorproject.org](http://www.survivorproject.org)
- National Center for Transgender Equality  
  [http://transequality.org](http://transequality.org)
- PFLAG's Transgender Network (TNET)  
- OUTfront: Human Rights and Sexual Identity  
  [www.amnestyusa.org/outfront/about.html](http://www.amnestyusa.org/outfront/about.html)
- Transgender Aging Network:  
  [www.forge-forward.org](http://www.forge-forward.org)

**Domestic Violence**

- Nevada Network Against Domestic Violence  
  (775) 828-1115  
  (800) 230-1955
- **Washoe County**
  - Committee to Aid Abused Women  
    (775) 329-4150
  - Safe Embrace  
    (775) 322-3466
  - Tahoe SAFE Alliance  
    (775) 298-0010

- **Carson and Storey Counties**
  - Advocates to End Domestic Violence  
    (775) 883-7654

**Suicide Prevention (Cont.)**

- Nevada 211  
  (Social Service Resource Database)  
  Dial '211' from any telephone in the state of Nevada  
  [www.nevada211.org](http://www.nevada211.org)
- Pride Institute  
  800-547-7433
- Boys Town National Hotline  
  800-448-3000
- The GLBT National Hotline  
  888-THE-GLNH (843-4564)

**Support Groups**

- Jen Dustin, MA, MFT, Intern, CADC-Intern  
  (775) 560-0397
- Tory Clark, PhD, Intern Licensure Pending  
  (775) 843-9593
- Family Support Group for Transgender Families and Friends  
  Contact: Mary Minten  
  minten.mary@gmail.com and/or (775) 329-4582, #8
Social Resources

Spectrum of Northern Nevada
Social Groups and Events for LGBTIQ
spectrumnv.org

Three Degrees
Local LGBTIQ Networking Group
www.threedegreesnv.com

Rainbow Alliance
LGBTIQ Youth Group at Northern Nevada HOPES
(775) 348-2893  www.nnhopes.org

Substance Abuse

JJ Lee, MEd, LADC at Sierra Counseling Center
(775) 335-5625

The Ridge House Men and Women
944 W. First St, Reno, NV 89503
(775) 322-8941  www.ridgehouse.org

Quest Counseling
3500 Lakeside Court, Suite 101, Reno, NV 89509
(775) 786-6880

Suicide Prevention

National Suicide Prevention Lifeline
(800) 273-TALK

Crisis Call Center
(775) 784-8090  www.crisiscallcenter.org

Employment Services

Labor Ready
1123 E. Sixth St, Reno, NV 89512
and/or
4385 Neil Rd, Reno, NV 89502
(775) 322-9678  www.laborready.com

Nevada Job Connect
(775) 834-1970  www.nevadajobconnect.com

Family Support

Gender Spectrum
Support for families of gender variant, transgender children and youth
www.genderspectrum.org

PFLAG Reno (Not Very Active Group)
For parents, families, and friends
P.O. Box 20844, Reno, NV 89515
(775) 358-5159

PFLAG Carson City (Extremely Active Group)
(775) 683-9221

Trans Youth Family Allies
(888) 462-8932
www.imatyfa.org

Friends and Allies of LGBTQ
TMCC RDMT 208

Housing and Shelter

Reno-Sparks Gospel Mission
355 Record St, Reno, NV 89512
www.rsgm.org

Reno Women's Recovery
(775) 323-0386 ext.10

Emergency Lodging
(775) 323-0386
Housing and Shelter (Cont.)

St. Vincent’s Catholic Community Services

St. Vincent’s Center
500 E. Fourth St, Reno, NV 89512
(775) 322-7073

St. Vincent’s Dinning
325 Valley Rd, Reno, NV 89512
(775) 329-5363

St. Vincent’s Residence
395 Gould St, Reno, NV 89502
(775) 322-2143

www.ccsnn.org

Legal Services

The American Civil Liberties Union– Nevada Office
1325 Airmotive Way Ste. 202, Reno, NV 89502
(775) 786-6757

Law offices of Christina DiEdoardo, Chtd.
201 Spear St. #1100, San Francisco, CA 94105
(415) 839-5098  www.diedoardolaw.com

The Transgender Law and Policy Institute
www.transgenderlaw.org

Transgender Law Center
www.transgenderlawcenter.org

The Harvey Law Group
Nicole Harvey  www.nicoleharvey.com

News Media (Cont.)

Transgender Crossroads
www.tgcrossroads.org

Transformation Magazine
www.transformationonline.com

Spiritual

Lord of Mercy Lutheran Church
3400 Pyramid Way
Sparks, NV 89431
(775) 358-7863  lordofmercy.org

Lutheran Church of the Good Shepard
Rev. Carl Wilfrid
357 Clay Street
Reno, NV 89501
(775) 329-0696  PrCarl@goodshepherdreno.org

Trinity Episcopal Church
Rev. Rick Millsap
200 Island Avenue
Reno, NV 89501
(775) 329-4279  revrick@trinityreno.org

Light of the Soul UCC
Rev. Denise Cordova
PO Box 20155
Reno, NV 89515-0155
(775) 391-3199  lsucc@lsucc.org

First Congregational UCC
Rev. Rich Smith
627 Sunnyside Drive
Reno, NV 89503
(775) 747-1414  richsmith429@att.net
Mental Health (Cont.)

Evaluation, Referral and Treatment (Cont.)

Victoria Follette, Ph.D.
(775) 348-2893

Ongoing Treatment / Counseling

Jenny Brenn, MA, MFT, LCADC
(775) 224-1373

Gina Flores-O’Toole, Ed.S., LADC, MFT
(775) 772-2064

Judith Mathews, MFT
(775) 324-1316  www.judithmathewsmft.com

Alan Ritchie, Ph.D., MFT
(775) 225-3412

Deborah Ribnick, Ph.D. Clinical Psychologist
(775) 786-1234  deborah@ribnick.net

Debra Richied, Ph.D. Clinical Psychologist
(775) 853-1314

Crystal D. Smith, MFT, LCADC
(775) 412-3422

Lindley Steere, LCSW, LCADC (Elko, NV)
(775) 777-7756  www.livefullyaware.com

Victoria Follette, Ph.D.
(775) 348-2893

News Media

National Center for Transgender Equality
www.nctequality.org

The Transadvocate
www.transadvocate.com

Medical

Northern Nevada Hopes
580 W. Fifth Street Reno, NV 89503
(775) 348-2893
Contact Person: Nicole Ott
Sliding fee scale: Minimum is $10

Triangle Family Medicine
Victoria Skocdopole, APN
2385 East Prater Way Sparks, NV 89434
(775) 331-6400

University Health System
Dr. Howard, Dr. Class, Dr. Shane
1500 E 2nd St, #302 Reno, NV
(775) 784-7500

Brian Passalacqua, MD Assistant Professor
University of Nevada, School of Medicine, Family Medicine
Brigham Bldg. / MS  315 Reno, NV 89502
Office: (775) 784-6180 Direct: (775) 682-8639

Dr. James Schaupp, Reno Family Physicians
7111 S. Virginia St. Reno, NV

HAWC Clinic
1055 South Wells Ave, Suite 550, Reno, NV 89502
(775) 329-6300

Endocrinology

Dr. Fredericks, Endocrinology
1664 North Virginia Street, Bld. 160, Suite 230, Reno, NV 89557
(775) 682-8500

Carol Cheney, MD,
Endocrinology, Carson Tahoe Physicians Clinic
2874 North Carson Street, Carson City, NV 89706
(775) 883-9003
Medical (Cont.)

Endocrinology (Cont.)

Claude Lardinios, MD
Endocrinology DIABETES ONLY
1500 East 2nd Street (775) 982-5073

Pelvic Floor Specialists/OBGYNs

Jenni Limoges, PT, DPT
Physical Therapy, Pelvic Floor Specialist 1575 Robb Drive, Reno, NV
(775) 827-3777  www.bodywisdomreno.com

Sherrie Hald, MD, OB-GYN
645 Arlington Ave Suite 400, Reno, NV 89503
(775) 329-6241  www.obgynreno.com/dr_hald.php

Plastic Surgeons

Boris Volshteyn, MD, Plastic Surgery
Sierra Plastic Surgery LLC
9436A Double R Blvd, Reno, NV 89521
(775) 284-0911  drvolshteyn_01@mymedleads.com

Hall & Wrye, Plastic Surgery
635 Sierra Rose Drive, Suite A, Reno, NV 89511
(775) 284-8296  info@hallandwrye.com

Tiffany McCormack, MD., FACS, Plastic Surgery
10685 Professional Circle, Suite B, Reno, NV 89521
(775) 284-2020  www.plasticsurgeryrenotahoe.com

Voice/Electrolysis

Jill Marlene, Voice Lessons
(775) 225-4421

Electrolysis by Michelle
1001 Pyramid Way, Sparks, NV 89431
(775) 331-8580

American Electrolysis Center
509 Hammill Lane, Reno, NV 89511
(775) 332-0300

Mental Health

Psychiatry

UNR Dept. of Psychiatry
Dr. Piasecki, Dr. Daines, Dr. Broadhead, Dr. Miller, Dr. Ryst
Nelson Building, 401 West 2nd St, Suite 216, Reno, NV 89503
(775) 784-4917

Evaluation, Referral and Treatment
(also the SOC Letter)

Jennifer Dustin, MA, MFT-Intern, CADC-Intern
(775) 560-0397

Mary Minten, MA, MFT, DAACS, LCADC
(775) 329-4582 ext #8
www.marymintencounseling.com

Judy Phoenix, Ph.D. Clinical Psychologist (assessment only)
(775) 322-5055

Tory Clark, Ph.D., MFT Student (will be intern licensure applicant)
(775) 843-9593  www.toryclark.com

Elizabeth Dear, MFT, AAMFT (Approved Supervisor)
(775) 348-4696  www.beyondcbt.com

Jacqueline Kleinedler, MA MFT, LADC
(775) 329-4582 ext. 9#

Meri L. Shadley, Ph.D., MFT, LCADC
(775) 329-4582