

HOPE GROWS for Nevada Trans Health

QUESTIONS?
PLEASE CONTACT US AT:

Aliya Buttar
Phone: 702-486-0403
e-mail: abuttar@health.nv.gov


Kristen Clements-Nolle
Phone: 775-682-7097
e-mail: clements@unr.edu

TAKING ROOT IN OUR COMMUNITY

The Nevada State Health Division and the University of Nevada, Reno School of Community Health Sciences in collaboration with the Advocates for Transgender Health (ATH) and the Transgender Allies Group (TAG) are conducting an online study to better understand the health needs of the Transgender/Gender Non-Conforming community in Nevada. The results of the study will help in the development of Trans services in Nevada.





To be eligible for the survey you need to identify as Transgender or Gender Non-Conforming in some way, have lived or worked in Nevada in the past six months, and be 18 years or older.

The online survey will take about 30 minutes. It is completely anonymous. There is no way to connect your name or identity to your survey responses.

 To Take the Anonymous Online Survey, Please Visit:
<https://www.surveymonkey.com/s/nvtranshealth>

For more information, visit:
www.nvtranshealth.com

IRB Number: 20135054

NORTHERN NEVADA TRANSGENDER RESOURCE GUIDE



Table of Contents

Notes

- 4 Community Resources (Local)
- 5 Community Resources (Youth, National)
- 6 Domestic Violence
- 7 Employment Services, Family Support
Housing and Shelter
- 8 Legal Services
- 9 Medical (Endocrinology)
- 10 Medical (Pelvic Floor Specialists/OBGYNs,
Plastic Surgeons, Voice/Electrolysis)
- 11 Mental Health (Psychiatry,
Evaluation, Referral and Treatment)

Notes

- 12 Mental Health (Ongoing Treatment / Counseling)
News Media
- 13 Spiritual
- 14 Social Resources
Substance Abuse
Suicide Prevention
- 15 Support Groups
- 16 Transition Products and Information
- 17 Contact Information
- 18 Notes

Community Resources

Local

University of Nevada Reno
Center for Student Cultural Diversity
(775) 784-4936 www.unr.edu/cultural-diversity

University of Nevada Reno
Queer Student Union
www.facebook.com/unrqsu

Nevada Gay and Lesbian Visitors and Convention Bureau
www.nevadagaytourism.com/Home.html

Northern Nevada Hopes
(775) 348-2893 www.nnhopes.org

Build Our Center
<http://buildourcenter.org/>

Planned Parenthood
(775) 321-8711
[www.plannedparenthood.org/health-center/centerDetails.asp?
f=2262&a=90130&v=details](http://www.plannedparenthood.org/health-center/centerDetails.asp?f=2262&a=90130&v=details)

[www.plannedparenthood.org/mar-monte/reno-northern-nevada-region-
4392.htm](http://www.plannedparenthood.org/mar-monte/reno-northern-nevada-region-4392.htm)

Transgender Allies Group (TAG)
Contact: Brock Maylath bmaylath@sbcglobal.net

Spectrum of Northern Nevada
<http://spectrumnv.org>

Stonewall Democrats of Northern Nevada
<http://queerdems.wordpress.com>

Equality Nevada
<http://www.eqnv.org>

Contact Information

Please contact **Nicole Ott** with questions, comments, or suggestions about this resource guide. Nicole can be reached at nicole@nnhopes.org or by phone at (775) 348-2893.



A Publication of Transgender Allies Group (TAG) and Northern Nevada HOPES

Updated: 2/14/13

Transition Products and Information

MTF prostheses and products

www.cinderelladream.net

FTM International

Resources, publications, and information for FTMs

www.ftmi.org

Mango Products

Full line of FTM prostheses, harnesses, and chest binders

www.mangoproducts.net

The Transitional Male

www.thetransitionalmale.com

Under Armour (chest binding products)

www.underarmour.com

FTM at Underworks

www.underworks.com/ftm

Centurian /Transformation

www.centurianonline.com

(custom orders and local pick-up available)

Community Resources (Cont.)

Youth Specific

Safe Place (ages 12-17) Free and confidential 24-7
(866) U-ARE-SAFE (827-3723)

The Trevor Project 24 hour lifeline
(866) 4-U-TREVOR (488-7386)

Trans Youth Family Allies
(888) 462-8932 www.imatyfa.org

Gay, Lesbian, and Straight Education Network (GLSEN)
www.glsen.org

GLBT Youth Support Project / OutHealth
<http://hcsn.org/glys/home>

True Child
<http://www.truechild.org>

National Youth Advocacy Coalition
<http://nyacyouth.org>

Youth Resource
<http://www.youthresource.com>

GLBT National Youth Talkline
(800) 246-PRIDE (7743)

National Resources

The GLBT National Resource Database
www.glbtnearme.org

The Northwest Network of BTLG Survivors of Abuse
<http://nvnetwork.org>

The National Coalition of Anti-Violence Programs
www.ncavp.org

LAMBDA GLBT Community Services
<http://lambda.org>

Community Resources (Cont.)

National Resources

Project Rainbow Net
www.nccadv.org

Survivor Project
www.survivorproject.org

National Center for Transgender Equality
<http://transequality.org>

PFLAG's Transgender Network (TNET)
<http://community.pflag.org/page.aspx?pid=380>

OUTfront: Human Rights and Sexual Identity
www.amnestyusa.org/outfront/about.html

Transgender Aging Network:
www.forge-forward.org

Domestic Violence

Nevada Network Against Domestic Violence
(775) 828-1115
(800) 230-1955

Washoe County

Committee to Aid Abused Women
(775) 329-4150

Safe Embrace
(775) 322-3466

Tahoe SAFE Alliance
(775) 298-0010

Carson and Storey Counties

Advocates to End Domestic Violence
(775) 883-7654

Suicide Prevention (Cont.)

Nevada 211
(Social Service Resource Database)
Dial '211' from any telephone in the state of Nevada
www.nevada211.org

Pride Institute
800-547-7433

Boys Town National Hotline
800-448-3000

The GLBT National Hotline
888-THE-GLNH (843-4564)

Support Groups

Jen Dustin, MA, MFT-intern, CADC-intern
(775) 560-0397

Tory Clark, PhD, Intern Licensure Pending
(775) 843-9593

Family Support Group for Transgender Families and Friends
Contact: Mary Minten
minten.mary@gmail.com and/or (775) 329-4582, #8

Social Resources

Spectrum of Northern Nevada
Social Groups and Events for LGBTIQ
spectrumnv.org

Three Degrees
Local LGBTIQ Networking Hroup
www.threedegreesnv.com

Rainbow Alliance
LGBTIQ Youth Group at Northern Nevada HOPES
(775) 348-2893 www.nnhopes.org

Substance Abuse

JJ Lee, MEd, LADC at Sierra Counseling Center
(775) 335-5625

The Ridge House Men and Women
944 W. First St, Reno, NV 89503
(775) 322-8941 www.ridgehouse.org

Quest Counseling
3500 Lakeside Court, Suite 101, Reno, NV 89509
(775) 786-6880

Suicide Prevention

National Suicide Prevention Lifeline
(800) 273-TALK

Crisis Call Center
(775) 784-8090 www.crisiscallcenter.org

Employment Services

Labor Ready
1123 E. Sixth St, Reno, NV 89512
and/or
4385 Neil Rd, Reno, NV 89502

(775) 322-9678 www.laborready.com

Nevada Job Connect
(775) 834-1970 www.nevadajobconnect.com

Family Support

Gender Spectrum
Support for families of gender variant, transgender children and youth
www.genderspectrum.org

PFLAG Reno (Not Very Active Group)
For parents, families, and friends
P.O. Box 20844, Reno, NV 89515
(775) 358-5159

PFLAG Carson City (Extremely Active Group)
(775) 883-9221

Trans Youth Family Allies
(888) 462-8932
www.imatyfa.org

Friends and Allies of LGBTQ
TMCC RDMT 208

Housing and Shelter

Reno-Sparks Gospel Mission
355 Record St, Reno, NV 89512
www.rsgm.org

Reno Women's Recovery
(775) 323-0386 ext.10

Emergency Lodging
(775) 323-0386

Housing and Shelter (Cont.)

St. Vincent's Catholic Community Services

St. Vincent's Center
500 E. Fourth St, Reno, NV 89512
(775) 322-7073

St. Vincent's Dinning
325 Valley Rd, Reno, NV 89512
(775) 329-5363

St. Vincent's Residence
395 Gould St, Reno, NV 89502
(775) 322-2143

www.ccsnn.org

Legal Services

The American Civil Liberties Union– Nevada Office
1325 Airmotive Way Ste. 202, Reno, NV 89502
(775) 786-6757

Law offices of Christina DiEoardo, Chtd.
201 Spear St. #1100, San Francisco, CA 94105
(415) 839-5098 www.diedoardolaw.com

The Transgender Law and Policy Institute
www.transgenderlaw.org

Transgender Law Center
www.transgenderlawcenter.org

The Harvey Law Group
Nicole Harvey www.nicoleharvey.com

News Media (Cont.)

Transgender Crossroads
www.tgcrossroads.org

Transformation Magazine
www.transformationonline.com

Spiritual

Lord of Mercy Lutheran Church
3400 Pyramid Way
Sparks, NV 89431
(775) 358-7863 lordofmercy.org

Lutheran Church of the Good Shepard
Rev. Carl Wilfrid
357 Clay Street
Reno, NV 89501
(775) 329-0696 PrCarl@goodshepherdreno.org

Trinity Episcopal Church
Rev. Rick Millsap
200 Island Avenue
Reno, NV 89501
(775) 329-4279 revrick@trinityreno.org

Light of the Soul UCC
Rev. Denise Cordova
PO Box 20155
Reno, NV 89515-0155
(775) 391-3199 lsucc@lsucc.org

First Congregational UCC
Rev. Rich Smith
627 Sunnyside Drive
Reno, NV 89503
(775) 747-1414 richsmith429@att.net

Mental Health (Cont.)

Evaluation, Referral and Treatment (Cont.)

Victoria Follette, Ph.D.
(775) 348-2893

Ongoing Treatment / Counseling

Jenny Brenn, MA, MFT, LCADC
(775) 224-1373

Gina Flores-O'Toole, Ed.S., LADC, MFT
(775) 772-2064

Judith Mathews, MFT
(775) 324-1316 www.judithmathewsmft.com

Alan Ritchie, Ph.D., MFT
(775) 225-3412

Deborah Ribnick, Ph.D. Clinical Psychologist
(775) 786-1234 deborah@ribnick.net

Debra Richied, Ph.D. Clinical Psychologist
(775) 853-1314

Crystal D. Smith, MFT, LCADC
(775) 412-3422

Lindley Steere, LCSW, LCADC (Elko, NV)
(775) 777-7756 www.livefullyaware.com

Victoria Follette, Ph.D.
(775) 348-2893

News Media

National Center for Transgender Equality
www.nctequality.org

The Transadvocate
www.transadvocate.com

Medical

Northern Nevada Hopes
580 W. Fifth Street Reno, NV 89503
(775) 348-2893
Contact Person: Nicole Ott
Sliding fee scale: Minimum is \$10

Triangle Family Medicine
Victoria Skocdopole, APN
2385 East Prater Way Sparks, NV 89434
(775) 331-6400

University Health System
Dr. Howard, Dr. Class, Dr. Shane
1500 E 2nd St, #302 Reno, NV
(775) 784-7500

Brian Passalacqua, MD Assistant Professor
University of Nevada, School of Medicine, Family Medicine
Brigham Bldg. / MS 315 Reno, NV 89502
Office: (775) 784-6180 Direct: (775) 682-8639

Dr. James Schaupp, Reno Family Physicians
7111 S. Virginia St. Reno, NV

HAWC Clinic
1055 South Wells Ave, Suite 550, Reno, NV 89502
(775) 329-6300

Endocrinology

Dr. Fredericks, Endocrinology
1664 North Virginia Street, Bld. 160, Suite 230, Reno, NV 89557
(775) 682-8500

Carol Cheney, MD,
Endocrinology, Carson Tahoe Physicians Clinic
2874 North Carson Street, Carson City, NV 89706
(775) 883-9003

Medical (Cont.)

Endocrinology (Cont.)

Claude Lardinios, MD
Endocrinology **DIABETES ONLY**
1500 East 2nd Street (775) 982-5073

Pelvic Floor Specialists/OBGYNs

Jenni Limoges, PT, DPT
Physical Therapy, Pelvic Floor Specialist 1575 Robb Drive, Reno, NV
(775) 827-3777 www.bodywisdomreno.com

Sherrie Hald, MD, OB-GYN
645 Arlington Ave Suite 400, Reno, NV 89503
(775) 329-6241 www.obgynreno.com/dr_hald.php

Plastic Surgeons

Boris Volshteyn, MD, Plastic Surgery
Sierra Plastic Surgery LLC
9436A Double R Blvd, Reno, NV 89521
(775) 284-0911 drvolshteyn_01@mymedleads.com

Hall & Wrye, Plastic Surgery
635 Sierra Rose Drive, Suite A, Reno, NV 89511
(775) 284-8296 info@hallandwrye.com

Tiffany McCormack, MD., FACS, Plastic Surgery
10685 Professional Circle, Suite B, Reno, NV 89521
(775) 284-2020 www.plasticsurgeryrenotahoe.com

Voice/Electrolysis

Jill Marlene, Voice Lessons
(775) 225-4421

Electrolysis by Michelle
1001 Pyramid Way, Sparks, NV 89431
(775) 331-8580

American Electrolysis Center
509 Hammill Lane, Reno, NV 89511
(775) 332-0300

Medical (Cont.)

Voice / Electrolysis (Cont.)

Kimi Woolsey, Medical Esthetician
Ageless Zone Medical Spa & Salon
(775) 230-4444

Mental Health

Psychiatry

UNR Dept. of Psychiatry
Dr. Piasecki, Dr. Daines, Dr. Broadhead, Dr. Miller, Dr. Ryst
Nelson Building, 401 West 2nd St, Suite 216, Reno, NV 89503
(775) 784-4917

Evaluation, Referral and Treatment (also the SOC Letter)

Jennifer Dustin, MA, MFT-Intern, CADC-Intern
(775) 560-0397

Mary Minten, MA, MFT, DAACS, LCADC
(775) 329-4582 ext #8
www.marymintencounseling.com

Judy Phoenix, Ph.D. Clinical Psychologist (assessment only)
(775) 322-5055

Tory Clark, Ph.D., MFT Student (will be intern licensure applicant)
(775) 843- 9593 www.toryclark.com

Elizabeth Dear, MFT, AAMFT (Approved Supervisor)
(775) 348-4696 www.beyondcbt.com

Jacqueline Kleinedler, MA MFT, LADC
(775) 329-4582 ext. 9#

Meri L. Shadley, Ph.D., MFT, LCADC
(775) 329-4582