

# Mental Health Professionals in Reno/Sparks Area

## Referral Resources

*Revised 2011*

<b>AMEZAGA, Alfredo, PhD</b>	800-401-5593
No insurance; Forensic; Latinos; Willing to do some Pro Bono; Identity Crisis	
<b>ANTONUCCIO, David O., PhD</b>	826-6218
Usually does not do sliding scale	
<b>BARKER, Betty, MFT</b>	741-5800
Relationship Issues; Depression, Trauma; EMDR; No Axis II	
<b>BARTON, Priscilla, MFT</b>	787-8002
Sliding Scale to \$50.00/hr	
<b>BAY, April, PhD</b>	825-1005
Sliding Fee	
<b>BECKETT, Sandra, MA; MFT</b>	322-8804
Sliding scale to \$75.00/hr; Anxiety; Depression	
<b>BELELGRAY, Linda, MA; MFT</b>	721-4477
Individual; Couples; Families; Sliding Fee	
<b>BROCKWAY, Katy, MA; MFT</b>	750-9907
Adolescents; Depression; Anxiety; SE; Offers Sliding Scale to \$50.00	
<b>BROWN, Art, PhD; MFT</b>	835-3324
Sliding Fee on a Case by Case Basis	
<b>BURT, Steven, LADC, NCAC II</b>	530-8955
DUI Classes	
<b>CINANI, Jerry, MS; LADC</b>	885-7717
<b>COLLIER, Helen V., EdD; FT</b>	786-3097
Sliding fee to \$50.00	
<b>COOK, Richard, MEd; MFT</b>	827-7502
10 Sessions - \$30.00 per session	
<b>CRAWFORD, Melanie, PhD</b>	786-7881
Neuro Psych Assessment; ADHD	

<b>DANTON, William G., Ph D</b>	826-6218
<b>DICKENS, Yani, PhD</b> Sports Psychology Consulting and Assessment Services; Stress; Anxiety, Depression \$150.00/hr; Sliding Fee Scale;	846-0157
<b>DILLON, Stephanie W., PhD</b> Stress; Self-Esteem; Body Image Issues; Adolescents; Couples; Individual; Sliding Fee	329-4345
<b>DRYMALSKI, Andrew, Psychologist</b> \$85.00/hour	786-3818
<b>EDWARDS, Anthony, PhD.</b> Very Flexible Sliding Scale; Behavior Modification & Correction; Anger Management	841-3116
<b>EWBIN, Cheryl, MA; MFT</b> Individual; Family; College Students; Willing to do Slight Sliding Scale	331-6723
<b>ETCHERO, John, R., MEd.</b> Specialties include Myer's Briggs; Pre-Marriage	333-6788
<b>EVARTS, Frank</b> General; Couples; Evals (learning disability); Sliding Fee	323-5133
<b>EVARTS, Sally Holt, MA; MFT</b> Relationship Issues; Family; No Substance Abuse	786-2955
<b>FERGUSON, Roberta C., PhD</b> Some Sliding Scale	322-5980
<b>FONTANA, Joanne, LCSW; LADC</b> Sliding Scale	329-3222
<b>GRAYBAR, Steven, PhD</b> All (Brief or Otherwise)	324-5357
<b>GREENWOOD, Lauren, MA; MFT</b> Sliding Scale	324-5506
<b>HARMAN, Leslie, MA; MFT; CPC; LCADC</b> Sliding Fee; Chronic Pain; Anxiety Disorders; PTSD; GAD; Counsel M/H Professionals	287-6784
<b>HARRISON, Elizabeth, MFT</b> Sliding Fee for Students; Free Support Group for Anorexia (Monday Evenings 1065 Haskell); Initial Assessment & Women's Health; Anxiety; Depression	322-7771

<b>JACKSON</b> , Karen, LCSW Sliding Scale	786-1179
<b>JACOBSEN</b> , Jennifer, MA; MFT Family; Domestic Violence; LGBT; Sliding Fee	324-1878
<b>JANNKOVICH</b> , Rebecca, PhD Depression; Anxiety; Trauma; Couples; Sex Therapy	322-1839
<b>KADING</b> , Jayne L., PhD; MFT Case by Case Sliding Scale; Individual; Families; Mood Disorders; Family Relationships; No addictions; Victims (not perpetrators)	787-8002
<b>LANE</b> , Christine, RN; MFT Will reduce to \$70.00/hour; Trauma; Relationship Issues; Grief/Loss; Anxiety	352-3965
<b>LEVENSON</b> , Marvin, PhD Sliding Scale for UNR students	823-9133 (Alpine Counseling)
<b>MAGINNIS</b> , Sharon A., MA; MFT M/H Wellness	885-2002
<b>MARTIN</b> , Katherine, LCSW; LADC Relationship issues; Depression; Anxiety; Anger, Stress management; Personal Growth; Self-Esteem; Evening and Weekend appointments	240-0390
<b>MATHEWS</b> , Judith, MFT Individuals; Couples; Families; EMDR; Eating Disorders; Anger Management; Stress Management <b>Website:</b> <a href="http://www.judithmathewsmft.com">www.judithmathewsmft.com</a>	324-1316
<b>MAYVILLE</b> , Stephen B., PhD Anxiety, depression, anger/aggression, behavioral excesses and deficits associated with developmental disabilities, marital problems, eating disorders, assertiveness problems, and family conflict.	826-6218
<b>McFADDEN</b> , Kathryn, PhD;	323-3868
<b>MEGAN</b> , Sheila, PhD Marriage & Family Therapy; Alcohol/Drug	786-0404
<b>MELLOR</b> , Erika, MFT; LADC Individual; Couples; Family; Pre-Natal/Post-Partum	329-4582
<b>NEIGHBORS</b> , Catherine J. PhD Generalist; Anxiety; Case by Case Sliding Fee	322-4451

<b>NEMOVICHER, Bobbi, LCSW</b>	826-6218
Adults; Adolescents; Couples; Groups Anxiety; Depression; Traumatic Stress Website: <a href="http://www.tahoetreatmentcenter.com">www.tahoetreatmentcenter.com</a>	
<b>NOYES, Patty, MS</b>	823-9133 (Alpine Counseling)
Sliding Scale; All populations except AOD;	
<b>O'BRYAN, Gwen, PhD</b>	329-3339
No sliding scale but works with most insurance companies; Specialties: Anxiety; Depression; Relationship issues; Workplace issues; CBT;	
<b>OCSKAY, Oliver, PhD</b>	786-5775
General Practice; Will go as low as \$100/hr	
<b>OWENS, Felicia, MA; MFT</b>	775-826-1002
Will Consider Reduced Rate to \$75.00/hr. If client commits to 6 sessions they can received 2 Free sessions if paid up-front.	
<b>PAHL, Jennifer, LCSW</b>	884-0707
Adolescents; Adults; Depression; Anxiety; Chronic Illness; SA	
<b>PERKINS, Richard, PhD</b>	826-1002
Adults; Couples; Family Conflict; Psychological Assessments; Difficult Child; ADHD Adolescent Issues; Anger Management; Self-Esteem	
<b>PICKETT, Cynthia, LCSW</b>	322-6462
Normal rate is \$130/hr. Will go down to \$70 - \$80/hr for UNR students. Works w/clients on their co-pay if they do have insurance. Primary population: Young adults Specialties: AOD , Domestic Violence, Sexual trauma, dysfunctional families	
<b>PITTS, Traci B., PhD</b>	352-3898
Evaluations & testing for learning disabilities only; no therapy; works with client up to age 19	
<b>QUIRK, Denise, MA; MFT</b>	691-9767
Sliding Scale; Addictions; Pathological Gambling; Sexual Addiction	
<b>RIBNICK, Deborah, PhD; PC</b>	786-1234
Sliding Scale; LGBT clients; Mood Disorders; Parenting; Divorce/Custody Mediation; Depression; Anxiety; Anger & Stress Management; Co-Dependency	
<b>RICHIED, Debra, PhD</b>	853-1314
Individuals; Couples; Groups; EMDR	
<b>ROGINA, Julius M., PhD</b>	324-2000
Sliding Fee	
<b>RUBINSTEIN, Garry; MA; LADC</b>	329-5507

<b>SANNAZZARO</b> , Joseph R., MA; MFT; LADC	829-9936
Will do sliding scale for UNR students; Families, Couples, Children & Adolescents. Contracted with Washoe County Social Services & NV Dept of Voc Rehab to provide counseling services. Medicaid provider of in-home therapy.	
<b>SCARBROUGH</b> , Karen, MFT	358-2299
Has sliding scale for those with no insurance ranging from \$60.00 to \$140.00/hr	
<b>SHADLEY</b> , Meri, PhD; MFT; LADC	329-4582
Addictions; Relationships; Trauma; LGBT; General	
<b>SMITH</b> , Susan D., PhD	324-1234
Sliding scale as low as \$60.00/hr	
<b>STEEVER</b> , Ethan E., PhD	786-2828
Will work with students on sliding scale if needed	
<b>STUYVESANT</b> , Robert, LCSW; MFT	827-7500
Negotiable Sliding Scale	
<b>TEARNAN</b> , Blake, PhD	827-8883
Sliding Fee; Pain Management; PTSD; Phobias; Anxiety; Depression	
<b>WEIHER</b> , Richard G., PhD	324-1988
Will take referrals from CS; no fixed rate (case by case basis); 20% - 30% rate reduction Specialties: Depression; Anxiety; CBT	
<b>WEISS</b> , Alan, MA; MFT;	786-2333
Anxiety; Couples; \$75.00/hr	
<b>WINBURN</b> , Jennifer, MFT; LADC	348-5818
Specialties: Substance Abuse; PTSD; Depression. Works with Couples and Families Will do sliding scale \$30.00 and up	
<b>WITTMAN</b> , Jerry, MA; MFT; LADC	322-2904
Sliding Scale for UNR Students; Couples; Families; Group & Individual Therapy Substance Abuse; Gambling & Eating Disorders; Groups \$40.00/session (Tuesdays 6:00 pm; Thursday 6:00 pm; Sunday 10:30 am) Website: <a href="http://www.interventionsolutions.com">www.interventionsolutions.com</a>	
<b>WYCOFF</b> , Misty, MA	329-1800
Will consider sliding scale for UNR students	

## Mental Health Professionals Carson City Area

### Referral Resources

**DAVIN**, Patricia, PhD 885-9020 (Carson City)  
No sliding scale but will negotiate fee; Anxiety & Depressive Disorders; Substance Abuse; Couples

**GESSFORD**, Paul, MFT; MAC 833-1003 (Incline Village)  
Will work on sliding scale fee for students;  
Specialties: Relationships; Addictions; EMDR

**HOEM**, Elaine, MFT 883-1114 (Carson City)  
Will consider sliding scale for UNR students

**KEATING**, Lisa, PhD 883-6621 (Carson City)  
Sliding scale \$50.00 and up

**McELLISTREM**, Joseph, PhD 883-6694 (Carson City)  
Forensic civil and criminal cases only; No therapy

**REILLY**, Lynne, MFT; LADC 833-1622 (Incline Village)  
EMDR for PTSD; Play Therapy/Art Therapy

**SHELTREN**, Constance, PhD; MFT 775-884-3600  
Wide Variety; Possible Sliding Fee

**SKIDMORE**, Sheri, PhD 775-883-7474  
Sliding Scale; Sexual Abuse; Eating Disorders; Date Rape; Males & Females; Workshops

**SUNDERLAND**, Lileo T., MFT 775-783-1136 (Gardnerville)  
Wide Scope of Issues; Sliding Scale