1. **Research**

**36–18 months before starting med school**
- Meet with a pre-med advisor to obtain information to assist you in the application process
- Determine whether you want to attend a research-based school or a clinical-based school
- Explore the differences between allopathic (MD) and osteopathic (DO) medical schools
- Think about geographic and location preferences
- Consider other factors: curriculum, competitiveness, cost, reputation, fit, public vs. private schools, etc.
- Obtain information from the Association of American Medical Colleges (AAMC) and the American Association of Colleges of Osteopathic Medicine (AACOM)
- Look through the Medical School Admissions Requirements (MSAR) and College Information Book (CIB) to get an overview of possible schools to apply to
- Talk to friends and family for their perspective
- Develop an initial list of schools, visit websites and request brochures
- Attend a forum or seminar

**On KaplanMCAT.com**
- Medical school requirements
- Admissions timeline
- How to choose a program

2. **Prepare for the MCAT®**

**24–16 months before starting med school**
- Select test date
  (Kaplan recommends a spring test date the year prior to matriculation)
- Register for test by
- Take a free practice MCAT with Kaplan
  (Practice test date)
- Enroll with Kaplan to get a higher MCAT score
  (Class start date)

**On KaplanMCAT.com**
- Free practice MCAT
- MCAT Strategy Sessions

3. **The Application Process—Part I**

**20–12 months before starting med school**
- Create a schedule of deadlines, including test registration dates, application deadlines (you’ll have primary and secondary application deadlines) and financial aid deadlines
- Think about appropriate people to write recommendations and contact each with the deadline for submitting references
- Open up your application folder early
- Begin crafting your personal comments (we recommend you submit your entire application before June 30)
- Complete and submit your AMCAS and/or ACOMAS online application
- Follow the application directions explicitly and have someone familiar with you and an advisor review your application before submission
- Check on status of application: test score reports, transcripts and letters of recommendation
- Submit secondary applications as requested
- Wait for medical schools to contact you about interviews

**On KaplanMCAT.com**
- Creating an application package
- Personal statement tips
- About recommendations
- Succeeding on interviews

4. **The Application Process—Part II**

**12–3 months before starting med school**
- Prepare for your interview by further researching each school and considering your response to potential questions
- Investigate financial aid and scholarships
- Wait for acceptance letters
- If you are waitlisted, be patient; seek the advice of your advisor and continue to engage in activities that enhance your application

**On KaplanMCAT.com**
- How to pay for medical school
- Financial aid glossary
- FAFSA tips
What Is Rolling admissions?

Rolling admissions is the process by which applications are reviewed in the order they are received. Med schools cannot consider your application until it is complete, including MCAT scores. That’s why it’s important to submit a complete application as early as possible.

How Do I Register for the MCAT?

Registration opens several months prior to the test dates and fills very quickly. Register for the MCAT as early as possible at aamc.org/MCAT

Test registration: $270

AAMC/AMCAS

For more information on medical schools, admissions, applications and programs for pre-med students, visit the website below.

Association of American Medical Colleges: aamc.org
American Association of Colleges of Osteopathic Medicine: aacom.org

National Association of Advisors for the Health Professions

For more information on advising or on other health professions, visit: naahp.org

MCAT Information

Physical Sciences
- 52 questions • 70 minutes
- Topics: Physics & General Chemistry

Biological Sciences
- 52 questions • 70 minutes
- Topics: Biology & Organic Chemistry

Verbal Reasoning
- 40 questions • 60 minutes
- Topics: Natural Science, Social Science & Humanities

Trial Section
- 32 questions • 45 minutes
- Unscored and optional

Kaplan Test Prep

Kaplan offers many ways to prepare for the MCAT:
• MCAT On Site
• MCAT Classroom Anywhere™
• MCAT On Demand
• MCAT One-On-One

Here’s why you should prep with Kaplan for the MCAT:

1. The Most Instruction and Practice
• Only Kaplan provides more than 200 hours of total instruction, including 24/7 access to 130+ hours of customizable On Demand lessons
• Score-qualified instructors who have scored in the 90th percentile or higher on every section of the exam they teach
• The most official AAMC practice, including the newly released Self-Assessment Package as well as all eight officially released full-length exams

2. Efficient, Effective Learning
• The only adaptive learning engine for integrating every practice item you complete and prescribing a personalized study plan
• The only mobile-enabled course for unparalleled access and convenient, on-the-go study

3. The Proven Leader in MCAT Prep
• Twice as many doctors prepared with Kaplan for the MCAT than with any other course*

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Kaptest.com/MCAT

Twice as many doctors prepared with Kaplan for the MCAT than with any other course.†

MCAT® is a registered trademark of the Association of American Medical Colleges. *Conditions and restrictions apply. For complete guarantee eligibility requirements, visit kaptest.com/hsg. †Doctors refers to US MDs who were licensed between 2001-2010 and used a fee-based course to prepare for the MCAT. The AlphaDetail, Inc. online study for Kaplan was conducted between Nov. 10 – Dec 9, 2010 among 763 US licensed MDs, of whom 462 took the MCAT and used a fee-based course to prepare for it.