BRIEF COMMUNICATION

Northern exposure: Mandibular torus in the Greenlandic Norse and the whole wide world

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Abstract

Objectives: In the first issue of the *American Journal of Physical Anthropology*, E.A. Hooton noted the expression of Eskimoid characteristics in the Icelandic skull, one of which was mandibular torus. Our goal is to evaluate this trait in another North Atlantic population, the Greenlandic Norse.

Materials and methods: An investigation of mandibular torus was carried out on all Greenlandic Norse skeletons disinterred up to 1986 (n = 1109), along with comparative samples from Iceland (n = 82), Norway (n = 98), and Denmark (n = 64). Torus expression was scored on a six grade scale with absence and five degrees of trait presence.

Results: Greenlanders and Icelanders show extraordinarily high frequencies (65–97%) and pronounced expressions of mandibular torus. More surprising was the almost complete absence of this trait in a Danish Viking sample (9%) and a significantly lower frequency in medieval Norwegians (48%).

Discussion: The dramatic expression of mandibular torus in the Greenlandic Norse and their contrast to related Scandinavian populations in Europe stimulated the collection of data from the literature and the database of Christy G. Turner II for 49,970 individuals in 335 populations. When plotted on a global scale, mandibular torus shows a strong clinal distribution with the highest frequencies in northern latitudes and the lowest frequencies around the equator. Although mandibular torus has some hereditary component, as indicated by family studies, the trait has a strong environmental component of variance. How factors of a northern environment, including climatic stress and dietary behavior, influence torus expression remains enigmatic.

1 | INTRODUCTION

The Norse colonized Greenland from Iceland in A.D. 986. During their 500 year occupancy of the island, the Norse exhibited a number of temporal trends, including decreases in tooth, brain, and body size and an increase in third molar agenesis (Scott, Halfman, & Pedersen, 1992). Another trait that exhibits an interesting pattern of variation is mandibular torus, a bony growth on the lingual side of the mandible. Mandibular torus has long been known to be common among northern groups, especially Eskimos, Aleuts, and Lapps (Hrdlička, 1940; Moorrees, 1957; Oschinsky, 1964; Schreiner, 1935). None, however, exhibit this torus to such a degree as the Greenlanders (Scott, Halfman, & Pedersen, 1992; Sellevold, 1980).

Researchers have long debated the etiology of mandibular tori. The higher frequencies in Asians compared to Europeans (Jainkittivong & Langlais, 2000) led some to argue the trait is heritable (Carson, 2006; Sawyer, Allison, Elzay, & Rezzia, 1979). Even granted this pattern of variation, there is disagreement as to how genes contribute to the development of these bony exostoses. Early studies described the mode of inheritance as either autosomal dominant or autosomal recessive (Alvesalo & Kari, 1972; Johnson, Gorlin, & Anderson, 1965; Krah, 1949; Suzuki & Sakai, 1960). Some studies suggest mandibular torus is inherited as a monoallelic trait with complete or partial penetrance, an explanation utilized when patterns of segregation are not consistent with simple Mendelian models (e.g., Gould, 1964). Moorrees, Osborne, and Wilde (1952) suggested three independent loci control tori...
expression. In a recent study, researchers found 93.6% of monozygotic twins were concordant for mandibular torus expression. Dizygotic twins, by contrast, had a concordance rate of 79.4% (Auskalns et al., 2015). The most parsimonious interpretation holds that mandibular torus is a threshold trait with a polygenic mode of inheritance. Despite disagreement on mode of inheritance, family and twin studies nonetheless indicate heredity plays some role in mandibular torus development.

Several environmental causes have been proposed to explain the presence and variation in mandibular torus. Eggen (1989) examined individuals with mandibular torus in two categories: those who brux and those who do not. From this comparison, he estimated that ~30% of mandibular torus expression is dictated by genes with the remaining 70% reflecting environmental factors (e.g., occlusal stress). Occlusal stress and parafunctional activity may be important components of the production of these exostoses (Hassett, 2006; Igarashi, 2016; Johnson, 1959; Kerdpon & Sirirungrojying, 1999; Pechenkina & Benfer, 2002). Mayhall (1970) and Eggen and Natvig (1991) suggest a coarse diet promotes the development of mandibular torus. Eggen (1993) also proposed that a marine diet with high levels of omega-3 fatty acids and vitamin D might promote excessive bone growth with a possible influence on unusually large mandibular and palatine tori. This idea was tested by Baumann, Lynnerup, and Scott (in press) who examined the relationship between torus expression and stable carbon and nitrogen isotope compositions in Greenlandic Inuit and Norse. For the most part, these authors found no significant association between stable isotopes and torus. The only statistically significant finding was an inverse relationship between mandibular torus expression and stable nitrogen isotope levels in the Inuit (but not the Norse).

Mandibular torus is uncommon in young individuals although relatively high frequencies have been reported for Lapp and Aleut children (Moorees, Osborne, and Wilde, 1952). Haugen (1992) found a larger number of individuals with mandibular torus in the 35- to 65-year-age group. Jainkittivong and Langlais (2000) identified a statistically significant prevalence that increases with age in a Thai sample. Topazian and Mullen (1977) suggest those with a predisposition for mandibular torus exhibit continuous growth of this exostosis throughout life. Other researchers have found it becoming more pronounced over the course of an individual’s lifetime relative to specific climatic, dietary, and lifestyle factors (Axelsson & Hedegård, 1981; Eggen, 1989; Hrdlička, 1940; Ihuwò & Phukuybe, 2006; Jainkittivong & Langlais, 2000; Pechenkina & Benfer, 2002). This suggests that while mandibular torus is heritable, environmental factors such as masticatory stress influence the degree to which tori are expressed (Carson, 2006; Moorees, Osborne, and Wilde, 1952).

There is disagreement among researchers regarding sex differences in mandibular torus. Some have found no sex differences in torus expression while others report higher frequencies in either males or females. No consistent pattern has emerged across dozens of studies and hundreds of samples. This contrasts with palatine torus, which shows a consistent bias in favor of females (Halfman, Scott, & Pedersen, 1992).

Our goal is to evaluate the geographic and temporal variation of mandibular torus among Norse populations in the North Atlantic, with a focus on Greenlanders. Additionally, we want to determine how the pattern of torus variation among Europeans in this part of the world compares to populations in every environmental setting imaginable, from the Arctic to subarctic, temperate deciduous forests, grasslands, tropical rainforests, deserts, and Pacific islands. Excluding Antarctica, every continent is sampled.

## Materials

All Greenlandic Norse skeletons excavated up to 1986 were examined in this study. The Eastern settlement sites of Herjolfnes and Gardar along with the Western settlement sites of Sandnes and Anavik were excavated by P. Narlund and A. Roussel between 1921 and 1932 (Narlund, 1924, 1929; Roussel, 1936, 1941). The Benedictine Convent of the Eastern settlement was excavated by C.L. Vebæk from 1945 to 1948 (Vebæk, 1956). K. Krogh and J.B. Jørgensen excavated Thjodhild’s Church during the 1960s (Krogh, 1967; Lynnerup, 1998).

Comparative data were collected from Icelandic, Norwegian, and Danish samples. The Icelandic sample, excavated in 1905 by V. Steffanson, dates around the 14th and 15th centuries and is comprised of remains excavated from Alltanes Island and Haffordery (Hooton, 1918). C. Long excavated the Norwegian sample in the 1970s from the medieval church of St. Gregory’s in Trondheim, Norway (Hanson,
TABLE 1  Expression of mandibular torus in Vikings, Norwegians, Icelanders, and Norse Greenlanders

<table>
<thead>
<tr>
<th>Sample</th>
<th>Age Sex</th>
<th>Range</th>
<th>n</th>
<th>Grade of Expression</th>
<th>Total Frequency</th>
<th>X² age</th>
<th>X² sex</th>
<th>Mean trait score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vikings</td>
<td>M 18–30</td>
<td>16</td>
<td></td>
<td>0 1 2 3 4 5</td>
<td>93.8 6.3</td>
<td>0.0</td>
<td>0.0</td>
<td>6.3</td>
</tr>
<tr>
<td></td>
<td>F</td>
<td>7</td>
<td></td>
<td>100.0 0.0 0.0</td>
<td>0.0 0.0 0.0</td>
<td>0.0</td>
<td>0.0</td>
<td>NA</td>
</tr>
<tr>
<td></td>
<td>M 30±</td>
<td>22</td>
<td></td>
<td>95.5 4.5 0.0</td>
<td>0.0 0.0 0.0</td>
<td>4.5</td>
<td>NA</td>
<td></td>
</tr>
<tr>
<td></td>
<td>F</td>
<td>19</td>
<td></td>
<td>78.9 15.8 5.3</td>
<td>0.0 0.0 0.0</td>
<td>21.1</td>
<td>NA</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td>64</td>
<td></td>
<td>90.6 7.8 1.6</td>
<td>0.0 0.0 0.0</td>
<td>9.4</td>
<td>0.109</td>
<td></td>
</tr>
<tr>
<td>Norwegians</td>
<td>M 18–30</td>
<td>15</td>
<td></td>
<td>73.3 13.3 13.3</td>
<td>0.0 0.0 0.0</td>
<td>26.7</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>F</td>
<td>16</td>
<td></td>
<td>43.8 31.3 25.0</td>
<td>0.0 0.0 0.0</td>
<td>56.2</td>
<td>0.036</td>
<td></td>
</tr>
<tr>
<td></td>
<td>M 30±</td>
<td>35</td>
<td></td>
<td>54.3 34.3 8.6</td>
<td>2.9 0.0 0.0</td>
<td>45.7</td>
<td>1.447</td>
<td></td>
</tr>
<tr>
<td></td>
<td>F</td>
<td>32</td>
<td></td>
<td>43.8 37.5 6.3</td>
<td>12.5 0.0 0.0</td>
<td>56.2</td>
<td>0.333</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td>98</td>
<td></td>
<td>52.0 31.6 11.2</td>
<td>5.0 0.0 0.0</td>
<td>47.8</td>
<td>0.694</td>
<td></td>
</tr>
<tr>
<td>Iceland</td>
<td>M 18–30</td>
<td>9</td>
<td></td>
<td>44.4 22.2 0.0</td>
<td>11.1 22.2 0.0</td>
<td>55.6</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>F</td>
<td>15</td>
<td></td>
<td>33.3 40.0 13.3</td>
<td>13.3 0.0 0.0</td>
<td>66.7</td>
<td>1.600</td>
<td></td>
</tr>
<tr>
<td></td>
<td>M 30±</td>
<td>15</td>
<td></td>
<td>26.7 13.3 26.7</td>
<td>6.7 26.7 0.0</td>
<td>73.3</td>
<td>2.105</td>
<td></td>
</tr>
<tr>
<td></td>
<td>F</td>
<td>43</td>
<td></td>
<td>25.6 39.5 20.9</td>
<td>14.0 0.0 0.0</td>
<td>74.4</td>
<td>0.333</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td>82</td>
<td></td>
<td>29.3 32.9 18.3</td>
<td>12.2 7.3 0.0</td>
<td>70.7</td>
<td>1.353</td>
<td></td>
</tr>
<tr>
<td>Greenland Eastern Early (EE)</td>
<td>M 18–30</td>
<td>2</td>
<td></td>
<td>0.0 50.0 50.0</td>
<td>0.0 0.0 0.0</td>
<td>100.0</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>F</td>
<td>5</td>
<td></td>
<td>0.0 40.0 40.0</td>
<td>20.0 0.0 0.0</td>
<td>100.0</td>
<td>NA</td>
<td></td>
</tr>
<tr>
<td></td>
<td>M 30±</td>
<td>20</td>
<td></td>
<td>5.0 40.0 25.0</td>
<td>15.0 15.0 0.0</td>
<td>95.0</td>
<td>1.210</td>
<td></td>
</tr>
<tr>
<td></td>
<td>F</td>
<td>7</td>
<td></td>
<td>0.0 14.3 0.0</td>
<td>28.6 28.6 28.6</td>
<td>100.0</td>
<td>NA</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td>34</td>
<td></td>
<td>2.9 35.3 23.5</td>
<td>17.6 14.7 5.9</td>
<td>97.0</td>
<td>2.235</td>
<td></td>
</tr>
<tr>
<td>Greenland Eastern Middle Late (EML)</td>
<td>M 18–30</td>
<td>1</td>
<td></td>
<td>0.0 0.0 100.0</td>
<td>0.0 0.0 0.0</td>
<td>100.0</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>F</td>
<td>10</td>
<td></td>
<td>40.0 40.0 10.0</td>
<td>10.0 0.0 0.0</td>
<td>60.0</td>
<td>NA</td>
<td></td>
</tr>
<tr>
<td></td>
<td>M 30±</td>
<td>10</td>
<td></td>
<td>0.0 20.0 40.0</td>
<td>30.0 10.0 0.0</td>
<td>100.0</td>
<td>7.410*</td>
<td></td>
</tr>
<tr>
<td></td>
<td>F</td>
<td>17</td>
<td></td>
<td>17.6 41.2 29.4</td>
<td>0.0 11.8 0.0</td>
<td>82.4</td>
<td>1.266</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td>38</td>
<td></td>
<td>18.4 34.2 28.9</td>
<td>10.5 7.9 0.0</td>
<td>81.5</td>
<td>1.553</td>
<td></td>
</tr>
<tr>
<td>Greenland Western Settlement (West)</td>
<td>M 18–30</td>
<td>2</td>
<td></td>
<td>0.0 100.0 0.0</td>
<td>0.0 0.0 0.0</td>
<td>100.0</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>F</td>
<td>10</td>
<td></td>
<td>30.0 50.0 10.0</td>
<td>0.0 10.0 0.0</td>
<td>70.0</td>
<td>NA</td>
<td></td>
</tr>
<tr>
<td></td>
<td>M 30±</td>
<td>6</td>
<td></td>
<td>33.3 0.0 16.7</td>
<td>33.3 0.0 16.7</td>
<td>66.7</td>
<td>1.009</td>
<td></td>
</tr>
<tr>
<td></td>
<td>F</td>
<td>19</td>
<td></td>
<td>42.1 21.1 15.8</td>
<td>10.5 10.5 0.0</td>
<td>57.9</td>
<td>0.862</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td>37</td>
<td></td>
<td>35.1 29.7 13.5</td>
<td>10.8 8.1 2.7</td>
<td>64.8</td>
<td>1.351</td>
<td></td>
</tr>
</tbody>
</table>

EE: Thjodhild's Church.  
EML: Gardar, Herjolfnes, Benedictine Convent.  
West: Sandnes, Anavik.

1984). This sample dates from the early 12th century to 1531. While the Norwegian and Icelandic samples are medieval in age, the Danish sample came from a variety of Viking age burials dating between A.D. 800 and 1000.

Although the dates of each burial location in Greenland are not precise, they can be placed in a broad temporal framework. Thjodhild’s Church, dating to the early years of occupation (ca. A.D. 1000–1150), is referred to as the Early Eastern Settlement. Burials from the sites of Sandnes and Anavik make up the Western Settlement sample. Due to temporal complications and small sample sizes, Gardar, Herjolfnes, and the Benedictine Convent were combined to create a Middle Late Eastern Settlement sample that is roughly contemporaneous with the Western settlement sample (ca. 13th–14th centuries). Radiocarbon dates on human bone corroborate these temporal assignments (Anneborg et al., 1999).

The above data were collected by the first author (GRS). However, to put the North Atlantic Norse into a broader world context, data were obtained from a wide variety of published sources. When geographic areas were underrepresented, we went through the original data sheets of Christy G. Turner II (CGT II) to fill in the blanks. This was particularly true for Southeast Asia, Australia and the Pacific, Mesoamerica, and South America. We report mandibular torus frequencies for 335 world populations. From the literature, data were obtained for 42,418 individuals from 202 samples; an additional 7,552 individuals...
were tabulated from the CGT II database from 133 samples. The total number tabulated equals 49,970, with the North Atlantic samples bringing the total to over 50,000. Although there might be minor differences in how researchers score the lowest grades of mandibular torus, the large number of samples and individuals smooth out issues associated with interobserver error.

3 | METHODS

Mandibular torus is a bony growth expressed on the internal aspect of the mandible below the lower canine and extending back as far as the second molar. Trait expression varies among individuals who exhibit one continuous growth or have expression broken down into two or more distinct lobes. Determining the degree of torus expression does not lend itself to interval scale measurement as there are no consistent landmarks. However, the bony ridges and lumpy nodules that make up the torus vary considerably in size, both in terms of linear length along and projection away from the body of the mandible (Hassett, 2006). To accommodate this variation, a ranked scale was developed that includes grade 0 (absence) and grades 1 through 5 (increasingly pronounced degrees of expression). When a mandible lacks a torus altogether, this is determined through a combination of visual examination and palpation. When there are no visible signs of torus and no slight bony projection detectable by touch, the individual is scored as grade 0. A rank of 1 is assigned to a torus that cannot be visibly identified but is evident by palpation. Grades 2 and above are all visually observable and range from slight to pronounced protuberances (Figure 1).

4 | RESULTS

4.1 | Torus expression by age and sex

Table 1 shows the class frequency distributions for mandibular torus in the six Scandinavian samples broken down by two adult age categories and sex. Although age may be implicated in torus development, there is no significant difference between young adults and older adults in any sample. Torus was so rare in Vikings that a test of sex difference was not possible. For the remaining samples, four of five show no significant difference between males and females. There was a significant difference for the Eastern Middle Late sample but small sample sizes may be implicated in this finding. At least for the samples in this study, age and sex differences are minimal or nonexistent.

4.2 | Geographic variation

While the Scandinavian samples exhibit no patterned differences in age and sex, they show pronounced temporal and geographic variation. In the Viking age sample, mandibular torus is extremely rare. A few jaws exhibit palpable tori but only one shows a small grade 2 form. Over 90% of this sample fails to show any torus whatsoever and mean trait expression is 0.109. The closest sample to the Vikings is the medieval Norwegians. For this group, about half (47.8%) of the sample exhibits some form of torus with palpable expressions the most common (31.6%). Mean trait expression is 0.694. The Icelanders and Greenlanders differ dramatically from the Vikings and Norwegians. The most pronounced tori are found in the Eastern Early sample, which has a total frequency of 97% and a mean trait score of 2.235. These values are significantly higher than those for Icelanders (70.7%; mts = 1.353)
and the two medieval Greenlandic samples (81.5 and 64.8%; mts = 1.553 and 1.351). This dramatic difference is illustrated in Figure 2 that shows the distribution of torus expression in the two European samples and the four North Atlantic samples.

5 | DISCUSSION

The Greenlandic Norse were exposed to an inhospitable climate where wood was scarce and agriculture impossible due to short growing seasons and the presence of permafrost. During the 500 year Norse occupation of Greenland, expression of mandibular torus was at a maximum in the settlement period population (see Table 1 and Figure 2). It is difficult to determine the extent to which environmental factors in Greenland contributed to this pattern because the settlement period population came directly from Iceland. Although we examined medieval Icelanders, we do not know how settlement period populations from Iceland exhibited mandibular torus. Medieval Greenlanders show dramatic torus frequencies and expressions consistent with observations of medieval Icelanders, but these are less pronounced than what we see in the earliest colonizers of Greenland. All three Greenlandic samples and the Icelanders exhibit more mandibular torus than related populations from Denmark and Norway. Given the presumably similar genetic backgrounds of Scandinavian populations in Europe and the Norse colonists in the North Atlantic, it seems that environmental pressures trump genetic background in determining mandibular torus expression in these

<table>
<thead>
<tr>
<th>Regional group</th>
<th>k</th>
<th>Mean %</th>
<th>S.D.</th>
<th>95% confidence limits</th>
<th>References</th>
</tr>
</thead>
<tbody>
<tr>
<td>Greenland and Iceland</td>
<td>11</td>
<td>0.512</td>
<td>0.2036</td>
<td>0.375–0.649</td>
<td>(Axelsson &amp; Hedegård, 1981; Drennan, 1937; Fischer-Möller, 1942; Igarashi, Ohzeki, Uesu, Nakabayashi, &amp; Kanazawa, 2008; Oschinski, 1964; Steffensen, 1969)</td>
</tr>
<tr>
<td>Northern Europe</td>
<td>15</td>
<td>0.177</td>
<td>0.1418</td>
<td>0.098–0.255</td>
<td>(Alvesalo &amp; Kärö, 1972; Axelsson &amp; Hedegård, 1981; Drennan, 1937; Furst &amp; Hansen, 1915; Haugen, 1992; Howells, 1941; Kolås et al., 1953; McLoughlin, 1950; Meuliquist &amp; Sandberg, 1939; Oschinski, 1964; Schreiner, 1935; Sognnaes, 1954)</td>
</tr>
<tr>
<td>Southern Europe</td>
<td>10</td>
<td>0.147</td>
<td>0.1633</td>
<td>0.030–0.264</td>
<td>(Cunha, 1994; Czarnetzki, 1975; Galera, Garralda, Casas, Cleve-not, &amp; Rocha, 1995; Hrdlička, 1940; Reichart, Neuhaus, &amp; Sookasen, 1988; Rouas &amp; Midy, 1997; Witkop &amp; Barros, 1963)</td>
</tr>
<tr>
<td>North Africa and Middle East</td>
<td>17</td>
<td>0.030</td>
<td>0.0635</td>
<td>0.003–0.062</td>
<td>(Irish, 1993; Khaki, 2000; Salem, Holm, Fattah, Basset, &amp; Nasser, 1987; Sawair, Shiyab, Al-Rababah, &amp; Saku, 2009)</td>
</tr>
<tr>
<td>South Asia</td>
<td>8</td>
<td>0.163</td>
<td>0.1277</td>
<td>0.056–0.270</td>
<td>(Kaul &amp; Anand, 1979; Ohno, Sakai, &amp; Mizutani, 1988; Shah, Sanghavi, Chawda, &amp; Shah, 1992; Zoubou, 1973)</td>
</tr>
<tr>
<td>Sub-Saharan Africa</td>
<td>27</td>
<td>0.039</td>
<td>0.0692</td>
<td>0.012–0.067</td>
<td>(Adeyemo, Emelka, Taiwo, &amp; Adeyemi, 2009; Aigbaje, Arowojolu, Kolude, &amp; Lawoyin, 2005; Bruce, Ndanu, &amp; Addo, 2004; de Villiers, 1968; Dosum, Arilibo, &amp; Ogunyinka, 1998; Drennan, 1937; Ihunwo &amp; Phukubiyé, 2006; Irish &amp; Konigseberg, 2007; Rightmire, 1972; Shaw, 1931)</td>
</tr>
<tr>
<td>North Asia</td>
<td>56</td>
<td>0.408</td>
<td>0.1894</td>
<td>0.357–0.458</td>
<td>(Akabori, 1929; Dodo, 1974; Dodo &amp; Ishida, 1987; Djuric-Srejic &amp; Nikolic, 1995; Hrdlička, 1940; Igarashi, in press; Igarashi et al., 2008; Miyashita, 1935; Ohno, Sakai, &amp; Mizutani, 1988; Pechenkina &amp; Benfer, 2002; Rouas &amp; Midy, 1997; Sakai, 1954; Sughara et al., 2003; Tamaki, Marzola, &amp; Tamaki, 1970; Zoubou, 1973)</td>
</tr>
<tr>
<td>Southeast Asia</td>
<td>31</td>
<td>0.097</td>
<td>0.0989</td>
<td>0.061–0.134</td>
<td>(Hashim, Haidar, &amp; Kalsom, 1983; Jainlittivong, Apinhasmit, &amp; Swasdisong, 2007; Kerdporn &amp; Sirirungrojying, 1999; Nair, Samaranyake, Philipson, &amp; Ithagaran, 1996; Reichart et al. 1988; Van den Broek, 1945; Zoubou, 1973)</td>
</tr>
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<td>Australia-Melanesia</td>
<td>31</td>
<td>0.018</td>
<td>0.0344</td>
<td>0.006–0.031</td>
<td>(Campbell &amp; 1925; Fenner, 1939; Hrdlička, 1940)</td>
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<td>Polynesia and Micronesia</td>
<td>15</td>
<td>0.030</td>
<td>0.0492</td>
<td>0.002–0.057</td>
<td>(Turner &amp; Scott, 1977; Witkop &amp; Barros, 1963)</td>
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<td>Circumpolar (Eskimo-Aleuts)</td>
<td>38</td>
<td>0.596</td>
<td>0.1825</td>
<td>0.536–0.656</td>
<td>(Dodo &amp; Ishida, 1987; Furst &amp; Hansen, 1915; Hrdlička, 1940; Jarvis &amp; Gorlin, 1972; Jorgensen, 1953; Mayhall, 1970; Mayhall, Dahlberg, &amp; Owen, 1970; Mayhall &amp; Mayhall, 1971; Moorees, 1957; Moorees et al., 1952; Oschinsky, 1964; Olsenberg, 1978; Russell &amp; Huxley, 1899; Schreiner, 1935; Scott, 1991; Steffensen, 1969; Srejić-Srejić)</td>
</tr>
<tr>
<td>Native North America (North)</td>
<td>14</td>
<td>0.290</td>
<td>0.2000</td>
<td>0.174–0.405</td>
<td>(Cybulski, 1975; Olsenberg, 1978)</td>
</tr>
<tr>
<td>Native North America (South)</td>
<td>31</td>
<td>0.233</td>
<td>0.1882</td>
<td>0.164–0.302</td>
<td>(Birkby, 1973; Blakely, 1973; Buikstra, 1972; El-Najja, 1974; Hooton, 1918; Hooton, 1930; Hrdlička, 1940; Olsenberg, 1978; Sublett, 1970; Witschke-Schrotta, 1988)</td>
</tr>
<tr>
<td>Mesoamerica</td>
<td>13</td>
<td>0.053</td>
<td>0.0854</td>
<td>0.001–0.104</td>
<td>(Escobar, Conneally, &amp; Lopez, 1977)</td>
</tr>
<tr>
<td>South America</td>
<td>18</td>
<td>0.053</td>
<td>0.0592</td>
<td>0.024–0.083</td>
<td>(Balaez, Diaz, &amp; Perez, 1983; Bernaba, 1977; Hrdlička, 1940; Sawyer et al., 1979; Yaacob, Tirmzi, &amp; Ismail, 1983)</td>
</tr>
<tr>
<td>World total</td>
<td>335</td>
<td>0.224</td>
<td>0.2425</td>
<td></td>
<td>Literature (202); CGT (133)</td>
</tr>
</tbody>
</table>
colonizing populations. To evaluate this question further, these six Scandinavian samples are viewed in the context of torus expression around the world.

5.1 | World variation

The 335 samples tabulated for total mandibular torus frequencies were broken down into 15 major geographic areas (see Table 2). The first group, representing the Norse colonists of Greenland and Iceland, does not include the samples reported in this study. Those were independent observations provided by other researchers. Western Eurasia is broken down into four regions, including Northern and Southern Europe, North Africa-Middle East, and South Asia. Africa has been less intensively studied for torus than other regions so there is only a single Sub-Saharan Africa category. Asia and the Pacific are more complex. Asia is divided into North Asia and Southeast Asia. The Pacific is broken down into Australia-Melanesia and Polynesia-Micronesia. Over a third of the world samples come from the Americas which are divided into five regions: Circumpolar, North America (North), North America (South), Mesoamerica, and South America.

In terms of percentages, the geographic pattern of mandibular torus variation is clear if regions are broken down into high (40%+), moderate (20–39%), low (10–19%), and very low frequency (<10%) groupings. Not surprisingly the high frequency group is headed by Circumpolar populations (Eskimo-Aleuts) with a mean frequency of 59.6%. Greenland and Iceland have the next highest average frequency (51.2%), followed by North Asians (40.8%). The high frequencies in Circumpolar and North Asian populations likely reflect genetic relationships to some extent. The same cannot be said for Greenland and Iceland where convergence rather than similar genetic backgrounds is indicated. Only two regions fall in the moderate frequency category: American Indians in the northern reaches of North America and those found at lower latitudes as far south as the U.S.-Mexican border. Populations in the northern and southern parts of Europe, along with Asiatic Indians, fall in the low frequency grouping. Almost half of all world samples fall in the very low frequency group. Southeast Asia is close to 10% (i.e., 9.7%) but the remaining six groups are at or below 5%. Frequencies are very low in Sub-Saharan Africans along with North Africans-Middle Easterners. The world’s lowest frequencies are in the Pacific, especially Australia and Melanesia, although Polynesia and Micronesia are not far behind. In marked contrast to their neighbors to the north, American Indians in Mesoamerica and South America have low mean torus frequencies that are exactly the same at 5.3%.

In addition to the broad regional characterizations, individual sample frequencies were plotted on a world map to illustrate the pattern of variation for mandibular torus. Figure 3 shows that mandibular torus is strongly correlated with latitude. High latitude populations of both Asian and European descent show the highest torus frequencies in the world. Torus frequencies are markedly reduced in populations approaching the equator. The clinal maps are basically blank in Africa, Australia, the Pacific, Mesoamerica, and South America despite being represented by dozens of samples and thousands of individuals. The contrast in the Americas is especially telling. North American Indians differ to some extent from Mesoamerican and South American Indians, but the distinction between these areas for mandibular torus is far more dramatic than we see in genetic or dental markers (cf., Cavalli-Sforza, Menozzi, & Piazza, 1994; Scott & Turner, 1997).

The suggestion that mandibular torus development might be associated with wear is without foundation for a very basic reason. Northern populations have no monopoly on tooth crown wear. Researchers who have not worked with Eskimo-Aleut samples often assume they show an extraordinarily high degree of wear, but this is not the case. They show pronounced wear but no more than countless other groups who live at or near the equator and rarely express mandibular torus (e.g., Australian aboriginals). If bruxism impacts mandibular torus, occlusal stress may play a small role in its development but only a small role. What is it about northern latitudes that trigger unusually large tori? Beyond stress, cold and a high protein diet are two major factors that might be involved in torus formation. Until a test is devised to tease out divergent proximate causes, we can only conclude that genetics plays a small role but environmental agencies play the predominant
role in the manifestation of frequent and pronounced mandibular tori in northern populations from disparate genetic backgrounds.

ACKNOWLEDGMENTS
Remarkably, the late Christy G. Turner II collected more data on mandibular tori than any other single individual but, to the authors knowledge, he never did anything with these data. He published extensively, but his efforts were devoted primarily to how tooth crown and root morphology could be used to address anthropological issues (e.g., peopling of New World and Pacific). Going through his original data sheets allowed us to evaluate populations from geographic regions largely unknown for mandibular torus frequencies (e.g., Australia, New Guinea, Mesoamerica). Although the picture that emerged from a consideration of 202 sample frequencies taken from the literature pointed strongly in the direction of latitudinal clines in torus frequencies, the addition of 133 samples from the CGT collection solidified the point considerably, especially for equatorial populations.

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