Welcome!

Nutrition is an integrative science that draws from physiology, biology, chemistry, psychology and other disciplines. Through the program in dietetics, students develop an understanding and competency in food, nutrition, and management. The Bureau of Labor Statistics expects the employment of dietitians to increase by 20% from 2010 to 2020, faster than the average growth for all occupations. This is due to an increasing emphasis on disease prevention through improving dietary habits. Our dietetics program enables employment in a wide range of careers.

The following are some of the career opportunities available:

- Clinical Dietetics
- Hospitals
- Long-term care
- Specialty clinics in chronic diseases
- Community Nutrition
- Child nutrition programs
- Public health departments
- Women, Infants, and Children (WIC)
- Wellness programs
- Public policy and health advocacy
- Food Service Management
- Restaurants, Catering and Hospitality venues
- Contract Service Management
- Business and Industry
- Consultant/Private Practice
- Private client counseling
- Sports nutrition
- Food and nutrition writing

High school students interested in becoming a registered dietitian should choose a college preparatory curriculum that is well-grounded in math and science. Dietitians need at least a Bachelor degree in dietetics, foods and nutrition, food service systems management, or a related area. College students in these majors take courses in foods, nutrition, institution management, chemistry, biochemistry, biology, microbiology, and physiology. Other suggested courses include business, mathematics, statistics, computer science, psychology, sociology, and economics.

Students should also seek opportunities to work or volunteer in health care or foodservice. This will enhance academic learning during your college career. Visit the UNR Academic central for more student information, including application requirements and details for the University of Nevada Reno at: [http://www.unr.edu/academic-central](http://www.unr.edu/academic-central)
**Information about the Program.**

Note: For more information about dietetics, visit the website for the Academy of Nutrition and Dietetics (AND) at [www.eatright.org](http://www.eatright.org)

**DPD Handbook.**

For more detailed information about the policies and procedures for prospective students, as well as information on our mission and goals that will be monitored for program effectiveness, how the program fits into the credentialing process to be a registered dietitian and state certification/licensure for dietitians, the academic and program calendar/schedule, questions and answers, and dietetic internships, please refer to our DPD Handbook:


**Program outcomes.**

Registered dietitians (RD) and Nutritionists are professionals who translate the science of nutrition into education and lifestyle practices that can enhance growth, health and disease prevention. If you would like more information about our program outcomes, they will be made available upon request.

**Additional costs to students.**

A detailed description of costs related to tuition and fees are posted on the UNR Website. Since costs vary each year, students should refer to this site for the most up-to-date information related to costs. Optional fees for students include housing and food service, supplemental accident and health insurance and the Lombardi Recreation Center. Information about these optional fees can be found at:


**Additional Dietetic Program expenses.**

- Transportation for field trips, practicum and projects may be incurred for some of the nutrition courses. When required in a particular class, transportation arrangements will be mentioned in the class syllabus.
- Individual course materials, e.g., presentation posters, copying costs, computer disks, etc., should be expected.
- Membership fees recommended for the program include the Academy of Nutrition and Dietetics and the Nevada Dietetic Association.
- Transportation, meal costs, and registration fees should be expected to attend professional meetings and practical experiences.
• Most dietetic internship programs charge an application fee. The fees will vary, but most are between $50 and $100. These fees must be sent directly to the internship.

• Additional costs for applications to internships include:
  o DICAS: If the internship is participating in the Dietetic Internship Centralized Application system (DICAS) there is a fee of $40 for the first application to an internship and $20 for each additional application to an internship.
  
  For more information visit:  https://portal.dicas.org/

  Computer Matching: It will cost $50 to participate in the computer matching process via D & D Digital which is a necessary step for internship acceptance.
  
  For more information visit: http://www.dnddigital.com

**University policy statements.**

University policy statements, including legal notice, affirmative action/equal opportunity, anti-discrimination policy, international student visas, NSHE policy against discrimination and sexual harassment, complaint procedure, student responsibilities, data security, student expectations, and University values can be found at:

http://www.cis.unr.edu/ecatalog/(S(nohdoxetqirwjtpmgzhaa))/Default.aspx?article_list_id=29347

**University disclosure of student education records and directory information.**

The confidentiality and security of student educational records are of primary importance to the University. Information about disclosure of this information can be found at:

http://www.cis.unr.edu/ecatalog/(S(nohdoxetqirwjtpmgzhaa))/Default.aspx?article_list_id=28975

**University registration and records.**

Information about student registration and records, including academic advising, requirements for registration, class absences, grades and examinations, undergraduate academic standards, requirements, and transcript of records can be found at:

http://www.cis.unr.edu/ecatalog/(S(nohdoxetqirwjtpmgzhaa))/Default.aspx?article_list_id=28841

**University regulations for student records.**

Information on confidentiality and release of information; and retention and disposition of student records can be found at:

http://www.cis.unr.edu/ecatalog/(S(nohdoxetqirwjtpmgzhaa))/Default.aspx?article_list_id=28858
University academic calendar.

The Didactic Program in Dietetics (DPD) follows the University academic calendar. The calendar for current and past academic years is found at the beginning of the University General Course catalogue. Access to the most recently posted catalogue calendar can be found at:

http://www.cis.unr.edu/ecatalog/(S(nohdoxetgqiirwjtpmgzghaa))/Default.aspx?catalog_list_id=468

Accreditation of Nutrition (Dietetics) degree and DPD program.

As a didactic program in dietetics, the Bachelor of Science degree in Nutrition (Dietetics) option is accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics. ACEND is responsible for accrediting programs that prepare students for careers as Registered Dietitians (RD) and is recognized by the United States Department of Education. Completion of the DPD program does not guarantee admission into a supervised practice or dietetic internship which is required to become a Registered Dietitian.

The Didactic Program in Dietetics at UNR is accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND), the accrediting agency for the Academy of Nutrition and Dietetics (the Academy), 120 South Riverside Plaza, Suite 2000, Chicago, Illinois 60605-6995  Phone: (312) 899-0040, ext. 5400 Web site: www.eatright.org

University admission requirements for undergraduate majors in nutrition (dietetics) and accredited DPD program.

For admission to our major in Nutrition, students need to declare their major as Nutrition (Dietetics) after being admitted through the university. A nutrition faculty member advises students who are considering declaring this as their major and forwards the paperwork needed for acceptance to our college (CABNR). Students are assigned alphabetically by their last name to nutrition faculty academic advisors. The list of nutrition faculty advisors can be found on our Department (ANVS) website.

http://www.cabnr.unr.edu/anvs/advisors.aspx

University Admission information, including applying for admission for new freshmen, returning students, international students, and transfer students, can be found at:

http://www.cis.unr.edu/ecatalog/(S(nohdoxetgqiirwjtpmgzghaa))/Default.aspx?article_list_id=25766

University key contact phone numbers.

If you are looking for key contact phone numbers for the different centers and services at the university from academic advising to schools and colleges, an extensive list can be found at:

http://www.cis.unr.edu/ecatalog/(S(nohdoxetgqiirwjtpmgzghaa))/Default.aspx?article_list_id=29593

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University graduation and program completion requirements for undergraduate majors in nutrition (dietetics) and accredited DPD program.

The graduation and program completion requirements for our major in Nutrition follows the University requirements of 120 credits needed in core classes, major classes and electives. Core courses include English, Mathematics, Natural Sciences, Social Sciences, Fine arts, Core Humanities, Capstone, and Diversity. Nutrition (Dietetic) major requirements include Natural Science Courses, Professional Courses and other required courses. For more information on the major classes needed in Nutrition (Dietetics) and suggested schedule of classes for the first, second, third and fourth years, please refer to:

Dietetics Specialization (major requirements credits)
http://www.cis.unr.edu/ecatalog/(S(nohdoxetgqiirwtpmgzghaa))/Default.aspx?article_list_id=29243

University graduation and program completion requirements, including the University graduation fee can be found at the following websites.

University graduation and program completion Web sites:
Bachelor’s Degree Titles and Credits required (currently minimum of 120 credits)
http://www.cis.unr.edu/ecatalog/(S(nohdoxetgqiirwtpmgzghaa))/Default.aspx?article_list_id=29007
University Core Curriculum (minimum of 33 credits)
http://www.cis.unr.edu/ecatalog/(S(nohdoxetgqiirwtpmgzghaa))/Default.aspx?article_list_id=28865
University Graduation fee
http://www.cis.unr.edu/ecatalog/(S(nohdoxetgqiirwtpmgzghaa))/default.aspx?article_list_id=28863

University Catalog.

One of the most valuable Websites that a student should be familiar with is the site for the University Catalog that contains information about the organization of the University, where to find information in the university catalog, useful definitions, course prefixes, and course numbering). This catalogue is updated yearly and can be found at:

http://www.cis.unr.edu/ecatalog/(S(nohdoxetgqiirwtpmgzghaa))/Default.aspx?article_list_id=29039

Achieving the RD credential, academic and professional requirements.

1. Complete a bachelor’s degree through an accredited program like the UNR nutrition (dietetic) specialization. Course work must be accredited or approved by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics. (UNR’s DPD degree program is accredited.)
2. Complete a dietetic internship accredited by ACEND. This is a separate program that students apply to after a bachelor’s degree is obtained. Students applying to dietetic internships should be aware that admittance to programs is very competitive, and it is not guaranteed that all who apply for dietetic internship programs will be accepted. In recent years, the acceptance rate has been approximately 50 percent. Dietetic internships are typically nine to twelve months long. The dietetic internships are post-graduation and require additional fees.
3. Pass a national examination administered by the Commission on Dietetic Registration (CDR). Applicants can sit for the exam after the completion of the dietetic internship. Passing the national examination leads to attainment of the credential of Registered Dietitian (RD).

4. In order to maintain registration, RDs must complete continuing professional education requirements.

5. Many states have state-specific regulatory laws or licensing for dietitians. Nevada is one of the states that recently acquired licensure (2013) for its members. Detailed information on becoming licensed for currently registered dietitians can be found at the Nevada Department of Health and Human Services, Nevada State Division: http://health.nv.gov/HCQC_Dietitian_InitialLicensure.htm

6. Some RDs have specialty certifications, including pediatric nutrition, renal nutrition, sports nutrition, and diabetes education. These certifications are not mandatory. About 50 percent of RDs hold advanced degrees.

**Important Notes.**

- Students are required to meet the DPD requirements for the catalog year in which they declared their major.
- Students already enrolled in the program when new DPD requirements go into effect have the option of either meeting the DPD requirements that were in place when they enrolled at UNR or the revised requirements.
- Students who are admitted to UNR after an absence will be required to meet the requirements of the plan that is in effect, when they reenter the program.
- A career as a Registered Dietitian requires a total commitment of five or six years of education. This includes the DPD course work, the post graduate internship and passing the Registration Exam for Dietitians.

A wide variety of career opportunities are also available to students who do not pursue registration. Jobs are available in commercial and school foodservice, extension, education and research. Many students choose the major as a path to other professional schools in medicine, dentistry or allied health careers.

**Dietetic Technician Registered (DTR).**

Students wishing to sit for the Dietetic Technician Registered Exam must have earned a Bachelor’s degree and must have a Verification Statement signed by the DPD Program Director. Graduates must contact the DPD Program Director to complete paperwork necessary to confirm eligibility to sit for the DTR exam.