

CEP 690 Grief and Loss

Wintermester 2019

Number of Credits:

2 or 3

Instructor

Brenda Freeman

Catalog Description

This course explores the grieving process related to death, unexpected loss, suicide, developmental loss, relationship loss, and loss due to illness and aging. “Normal” bereavement and complicated bereavement.

Required Textbooks/Materials

The following texts are required material in this course:

Worden, J. William (2018). *Grief Counseling and Grief Therapy*, 5th edition. Springer: New York. ISBN 978-0-8261-3474-5

Student Learning Outcomes

Upon successfully completing this course, students will be able to

- identify the tasks, emotional and behavior responses, and stage-like responses related to situation-specific, normal grief and loss; and
- demonstrate a practical understanding of the interventions appropriate for normal and complicated bereavement.

First Week of Materials/Assignments

The following schedule is subject to change:

January 2: You and Death

January 3: Attachment Theory

January 4: Normal bereavement and facilitation of uncomplicated bereavement

January 7: Complicated Bereavement

Course Details

This course explores the grieving process related to death and other losses, such as relationship loss. "Normal" bereavement, complicated bereavement, unexpected loss, and suicide will be discussed. A portion of the course focuses on other losses such as developmental loss, relationship loss, and loss due to illness and aging.

Grade Breakdown

The point distribution for the course is:

Assignment	Percentage
Reflective Interview (3 cr. only)	--
Film analysis (3 cr. only)	--
Suicide survivor intervention	25
Completion of in-class (or daily out-of-class) assignments	25
Grief Artifact	40
Participation in class discussions	10
<i>Total</i>	<i>100</i>

The percentage distribution for the course is:

Letter	Percentage
A	94–100
A-	90–93
B+	87–89
B	84–86
B-	80–83
C+	77–79
C	74–76
C-	70–73
D+	67–69
D	65–66
D-	62–64
F	below 62