Alumni Profile: Ty Windfeldt ’95 (health science)

Age: 42
Occupation: Vice President of Hometown Health

What has your life been like since graduation?

Life after graduation has been exciting and full of opportunities and experiences, both personally and professionally. As a proud parent of two daughters and a stepson, my wife, Lori, and I enjoy the daily activities our family life brings, as not one day in our household is the same. We enjoy the chaos; we love traveling with them and indeed enjoy our date nights. In addition to raising our family, I have had the privilege to call Renown Health my “second home,” having worked there for more than 18 years. I was hired as a sales assistant within weeks of graduating from Nevada, and have held several positions within the organization. Today, as the vice president of Hometown Health, the insurance division of Renown Health, I have the responsibilities of the entire health plan, which includes overseeing the day-to-day activities of more than 200 employees.

As incoming president of the Nevada Alumni Council, I have the ability to stay engaged with the University at a very close level. It is also extremely important for me to give back to our community, which is why I am involved in many community-based organizations, including the Boys and Girls Club of Truckee Meadows, Access to Healthcare Network, the University’s School of Community Health Sciences and Builders Association of Northern Nevada.

In addition to my family, career and community involvement, I try to take advantage of all northern Nevada has to offer: golf, mountain biking, skiing and Nevada athletics (go Pack!). On occasion you may even find me deejaying a local event (although my wife has asked that I don’t quit my day job for this).

What are your fondest memories from Nevada?

Going to Nevada was such a rewarding experience for me. I have many memories of the campus, professors and faculty. I would have to say my fondest memory was becoming a member of the Sigma Nu fraternity. Aside from making lifelong friends, whom today I consider family, Sigma Nu cleared a new path for me, providing a college life I would not have otherwise experienced. Through Sigma Nu I was exposed to student government, leadership roles, intramural sports and socials. I believe my experiences with the fraternity taught me foundational skills needed to succeed in my life today.

What have you done that you are most proud of?

I am most proud of my beautiful family. They put a smile on my face every day and keep me energized and motivated. My wife and I enjoy the rewards of raising three children and the experiences that come with a young family. They keep me busy and challenge me every day to be the best I can be. I love watching them learn and grow and develop into future Nevada alumni.

What advice would you give someone just starting out after college?

Find something you want to do that motivates you and brings you satisfaction and joy. I have met and continue to meet people who are in positions and industries that do not fulfill them. I would encourage a new graduate to find a career that they have passion for, something that makes them want to learn. Find good about going to work every day and do something that will make a difference. If you are not able to say that you are doing that today, it’s never too late to change.