



University of Nevada, Reno  
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## **SHAC**

STUDENT HEALTH ADVISORY COMMITTEE  
September 20, 2007, Noon – 1:30 p.m.  
Redfield Bldg., Room 230

### Meeting Notes

#### **SHAC PURPOSE AND HISTORY**

*The purpose of the Student Health Advisory Committee is to act as a liaison between the Student Health Center (SHC) and the University of Nevada, Reno students to ensure the delivery of quality Health Care and to support the health promotion activities provided by the SHC and the UNR Community.*

Several past/current members provided information on the SHAC accomplishments:

- It has acted as an advisory committee where students have provided input and influenced changes in services offered at the SHC. For example, SHAC influenced the addition of night clinics hours. They have also provided input on the annual SHC Client Satisfaction Survey.
- SHAC has also coordinated activities, such as health fairs and informational tables at games where free cab rides were distributed. It has also helped to coordinate the campus flu shot clinics.
- The Committee also acts as a venue for students and faculty from different department to network and communicate. It improves campus communication and allows for better collaboration.

#### **STUDENT HEALTH CENTER UPDATES**

- New in 2007/2008 a Health Education and Promotion Program! Enid Jennings is coordinating the program, so please use this new resource. Also, feel free to spread the word, pass out her contact info, etc. She can be reached at 682-9224.
- The SHC is in the process of implementing the National College Health Assessment on campus. It is planned for November 2007, pending IRB approval. If approved, SHAC will be needed to review the survey invitation letter.
- The SHC center saw 175 students on the first day of classes and has been very busy this year! We already have flu vaccine and are beginning to plan Flu Shot Clinics on campus - if there are campus activities or ideas for good locations for these clinics please let Enid know. We will begin offering Flu shots to students (free with student ID), October 15, 2007.

## **PRIORITIZATION AND DISCUSSION OF STUDENT HEALTH NEEDS**

The group brainstormed and identified several student health needs:

Drinking

Smoking

Depression

Stress/Sleep Disorders

Eating Disorders

Drug Abuse

Sexual Health

The Group also discussed potential Activities to address these health issues:

**Improving Communication** - emails to undergrad and graduate students, website improvements/pop-ups, students are using the UNR website, marketing the SHC better through Res. Hall programming, website, promotional items, email, general marketing.

**Policy Work** - Changes in the alcohol policies on campus are being discussed. The group will be kept up to date on this. Pricilla shared some of the history in trying to get tobacco policy passed on campus. The group was concerned about a hookah event that is happening on campus for Homecoming Week. The group agreed tobacco policy is a topic of interest and should be changed - Enid will research this and report to the group at the Oct. meeting.

**Education** - Tables, Health Fairs, Greek 101, website, materials, presentations.

**Positive Media Campaigns** - The group would like to see more social norming and social branding for the student population. The media should be positive.

## **WRAP UP AND NEXT STEPS**

Specific Activities were identified for Oct. and Nov.

**October** - National Depression Awareness Month - possibly do informational booth or depression screenings. Lindsay will check to see if the counseling center will collaborate. Enid and Lindsay will plan.

**November** - Great American Smoke Out - Enid will contact Jules the Res. Life Director to see what is being planned and how SHAC can help.

**December** - World Aids Day - we can discuss this event at the next meeting.

**FUTURE MEETINGS:** SHAC will meet the third Thursday of every month from Noon - 1:00 pm at the Student Health Center. The next meeting will be October 18, 2007. See the attached meeting dates for 2007-2008 and mark your calendars!

If you need additional information please contact Enid Jennings at 682-9224 or [ejennings@medicine.nevada.edu](mailto:ejennings@medicine.nevada.edu)