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## **SHAC**

STUDENT HEALTH ADVISORY COMMITTEE

October 18, Noon – 1:00 p.m.

Redfield Bldg., Room 230

Notes

### **STUDENT HEALTH CENTER UPDATES**

The SHC will be conducting flu shot clinics on campus (see the attached flyer). Flyers were distributed during the meeting for students to post. Priscilla has posted flyers in the residence halls. Flu shots are also available at the SHC, free to students with a student ID.

The National College Health Assessment is in the final stages of IRB approval. As a group we reviewed the recruitment email and suggestions were noted. We are hoping to implement the survey in November.

Enid requested feedback on the SHC website. SHAC students will review the website and we will discuss changes at the next meeting. [www.unr.edu/shc](http://www.unr.edu/shc)

### **REVIEW OF PLANNING MEETING**

The group reviewed the notes from September. Enid asked the group what kind of time commitment/level of involvement they were interested in. Responses ranged from monthly meetings only to involvement in campus events. We will provide opportunities for SHAC student (that want to) to be involved with events on campus.

Tobacco and alcohol policy were discussed in our first meeting. There is interest on campus in changing both policies. Enid provided a copy of the tobacco policy that was passed last year. She will get additional information from Priscilla and keep the group informed of policy work happening on campus.

### **PLANNING ACTIVITIES**

**Depression Awareness Month** – The SHC will be screening individuals for depression. When necessary, patients will be referred to our counselor. We have also set up an educational booth in our lobby.

**Great American Smoke Out** – The group brainstormed booth ideas including, Attract oxygen bar, hookah display, x-packs, and cessation opportunities. This event will be held from 11-2 on November 15<sup>th</sup> on the JTSU lawn. A smaller planning group will meet before the event.

Counseling may also want to partner to provide opportunities for stress management. The Peer Education group will also help to plan and staff the booth.\*

**World Aids Day** – The Public Health Club has planned a big event on campus on December 1, 2007, from 4-8pm in the JCSU. The event will include education, HIV/AIDS memorial, live music, games, and testing. The SHC will be doing free HIV, Chlamydia, and Gonorrhea, testing for the month of December. We will also have a booth at the event. SHAC along with the Peers group will plan a game or other activity for the booth. The group liked the idea of selling condom roses. We will also promote the free testing during the event.\*

\*A sign up request will be sent out for both events.

**Social Norming vs. Marketing vs. Branding** – The SHAC discussed the idea of starting a broad health campaign on campus either through social norming, marketing or branding. Enid agreed to bring more information on Social Branding to the next meeting.

**Communication** – It was suggested that a good way for the SHC to reach grad students would be through the GSA newsletter. Lindsey will forward this contact information to Enid for follow-up.

*The purpose of the Student Health Advisory Committee is to act as a liaison between the Student Health Center (SHC) and the students at the University of Nevada, Reno to ensure the delivery of quality care and to support health promotion activities provided by the SHC and the University of Nevada, Reno community.*

If you need additional information please contact Enid Jennings at 682-9224 or [ejennings@medicine.nevada.edu](mailto:ejennings@medicine.nevada.edu)