



Sanford Center  
for Aging

University of Nevada, Reno

### Schedule and registration

See accompanying  
registration form or  
[www.unr.edu/  
sanford/programs/  
ncc.html#training](http://www.unr.edu/sanford/programs/ncc.html#training)

### Trainers

**Susan G. Harris**  
**Valerie Lykes**  
**LuAnne Steininger**  
Sanford Center  
for Aging

### Course Credit

Earn continuing education units (CEUs) for a nominal fee. This program has been approved for CEUs for social workers, long-term care administrators, marriage & family therapists, and nurses. See specifics on the registration form.

## NEVADA CARE CONNECTION CAREGIVER TRAINING

# Are you caring for an older adult and wish you knew more?

Attend a free workshop offered at the

**Carson City Senior Citizens Center**  
Pinion Pine Room - Use the east entrance  
911 Beverly Drive  
Carson City, Nevada

**Thursday**  
**September 24, 2009**  
**9:00 am to 12:00 pm**

If you are caring for an elder (friend or family member), or if you care for elders professionally, this free training offers tips on how to do it better.

The workshop will cover:

### **Help available on the Internet**

Finding aging & disability resources on the Web.

### **Self-Care for the Caregiver**

Learn stress reduction and self-care techniques to better care for yourself while caring for another.

### **Grief and Loss**

How to work effectively with older adults experiencing the loss of a loved one or the loss of their own abilities.



**One-Stop Access to  
Information & Resources**



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# Nevada Care Connection Caregiver Training Registration Form

## Carson City Senior Citizens Center

Date: Thursday, September 24, 2009

Time: 9:00 am to 12:00 pm

Registration: 9:00 am to 9:15 am

Training: 9:15 am to 12:00 pm

Location: Carson City Senior Citizens Center, 911 Beverly Drive, Carson City

**NOTE: Program is free of charge for those who submit registrations at least 3 days prior to training.** Registrations are accepted on a space-available basis. Registration includes program materials.

Name: Mr. Ms. Mrs. \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Profession: \_\_\_\_\_ Employer: \_\_\_\_\_

Employer's Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

### **CONTINUING EDUCATION CREDIT REGISTRATION**

Continuing education credit and a certificate of attendance are available for a **\$15.00 non-refundable fee**.

This program has been approved by the State of Nevada Board of Examiners for **Long-Term Care Administrators**, the State of Nevada Board of Examiners for **Marriage and Family Therapists and Clinical Professional Counselors**, the State of Nevada Board of Examiners for **Social Workers**, and the University of Nevada School of Medicine for **Nurses** for 2.5 hours of continuing-education units.

\_\_\_\_\_ Yes, I would like continuing education units and a certificate of attendance. I am submitting my check for \$15 made payable to the Board of Regents with my registration form. My additional information is as follows:

Profession: \_\_\_\_\_ License No.: \_\_\_\_\_

**Send registration to:**  
Nevada Geriatric Education Center  
411 W. Second Street  
Reno, NV 89503  
Fax: (775) 784-4544

**For more information**, call Diann Jones (775) 682-8470 or email dsjones@medicine.nevada.edu