



# NEVADA GERIATRIC EDUCATION CENTER

NGEC is a joint program of the University of Nevada School of Medicine and the Sanford Center for Aging

*Nevada Geriatric Education Center*  
*in partnership with*  
*The American Parkinson Disease Association, Inc.*

*presents*

## **PARKINSON'S DISEASE: SHARING WISDOM**

**University of Nevada Reno**  
**Joe Crowley Student Union Ballroom (4<sup>th</sup> Floor)**  
Building CSU 087 on the UNR campus map: <http://www.unr.edu/tour/index.html>  
**Reno, Nevada 89557**

**Tuesday, April 21, 2009**  
**8:30 a.m. to 4:00 p.m.**

### **Note: Parking Permit Required**

Those who meet the early registration deadline will be provided with a parking permit and map by mail. Others will need to purchase a parking permit. Details are at the bottom of the program agenda page.

This conference will provide participants (healthcare professionals, patients and caregivers) with current information on treatment and therapies for Parkinson's disease. It will also provide the opportunity to strengthen the alliance between the patients, their families and the medical community. At the conclusion of this event, participants will be able to:

- Review the prevalence of Parkinson's disease.
- Explain the role of medication in the treatment of Parkinson's disease.
- Identify the surgical options and possible benefits and consequences in the treatment of Parkinson's disease.
- Review common stressors and challenges faced by primary caregivers of people with Parkinson's disease.
- Discuss the benefits of using the LVST method to maintain voice volume.
- Discuss techniques used and review the benefits of movement in slowing the progression of Parkinson's disease.

### **Faculty:**

**J. Eric Ahlskog, MD, PhD**, Professor of Neurology, Mayo Clinic, Minnesota

**Bonnie Deach, MS, CCC**, Speech-Language Pathologist, The Continuum, Reno, Nevada

**Susan Harris, MS**, Sanford Center for Aging, Reno, Nevada

**Jaimie M. Henderson, MD**, Associate Professor to Neurosurgery, Director of Stereotactic and Functional Neurology, Stanford University School of Medicine, Stanford, California

**John H. Peacock, MD, PhD**, Professor of Medicine, University of Nevada School of Medicine, Reno, Nevada

**Sandra Wilson, BS, PT**, Staff Physical Therapist, The Continuum, Reno, Nevada

**CE Credit:** This program has been submitted to the Nevada State Board of **Physical Therapy** Examiners, the State of Nevada Board of Examiners for **Long Term Care Administrators**, the State of Nevada Board of Examiners for **Marriage and Family Therapists**, and the State of Nevada Board of Examiners for **Social Workers** for 5.25 hours of continuing education credit. The University of Nevada School of Medicine approves this program for 5.25 hours of continuing-education credit for **Nurses**. **Occupational therapists, audiologists and speech pathologists** are encouraged to attend and to submit the information to their board for approval.

**For more information, please contact the NGEc:** Diann Jones at (775) 682-8470

# PARKINSON'S DISEASE: SHARING WISDOM

Tuesday, April 21, 2009

## AGENDA

- 8:30 to 8:50 am                    **Registration and Continental Breakfast**
- 8:55 to 9:00 am                   **Welcome and Introductions**  
*Moderator: John Peacock, MD, PhD*
- 9:00 to 9:15 am                   **Setting the Stage - Opening Remarks**  
*John Peacock, MD, PhD*
- 9:15 to 10:15 am                 **Surgery Pros and Cons for Parkinson Patients**  
*Jaimie M. Henderson, MD*
- 10:15 to 10:30 am               **Break** – refreshments provided
- 10:30 am to Noon                 **Parkinson's Disease is Treatable!**  
*J. Eric Ahlskog, MD, PhD*
- 12:00 to 1:00 pm                 **Lunch** – boxed lunch provided
- 1:00 to 2:00 pm                   **Wisdom and Sanity for Caregivers**  
*Susan Harris, MS*
- 2:00 to 2:15 pm                   **Break** – refreshments provided
- 2:15 to 3:45 pm                   **Tools and Techniques to Maintain Function**  
  
**“BIG”: Slow the Progression of Parkinson's Disease Through Movement**  
*Sandra Wilson, BS, PT*  
  
**“LOUD”: Maintaining Voice Volume**  
*Bonnie Deach, MS, CCC*
- 3:45 to 4:00 pm                   **Putting It All Together – Closing Remarks**  
*John Peacock, MD, PhD*

## PARKING INFORMATION

Parking on the UNR campus is available in the Brian J. Whalen Parking Complex (BWPC 083 on the campus map) for \$5.00 per car and the West Stadium Parking Complex (WSPC 107) for \$3.00 per car. A parking permit and a map will be mailed to those who meet the early registration deadline (April 8, 2009). Others will need to purchase a parking permit at the Information Kiosk (IK 029) located on 9<sup>th</sup> and Center Streets. Parking information and the UNR parking map may be found online at: <http://www.unr.edu/parking/visitorparking.html>.

Special thanks to:

**The American Parkinson Disease Association, Inc.**

**for serving as a partner!**

REGISTRATION

**PARKINSON'S DISEASE: SHARING WISDOM (April 21, 2009)**

**Professional Registration Fee** - includes workshop materials, certificate of attendance for continuing education, continental breakfast and lunch:

\$ 70.00 if registration and payment received by April 8, 2009 (includes parking pass with early registration only)

\$ 85.00 if registration received after April 8, 2009

**Non-Professional Registration Fee** - includes workshop materials, continental breakfast and lunch: **does not include** certificate of attendance:

\$ 25.00 for an individual if registration and payment received by April 8, 2009 (includes parking pass with early registration only)

\$ 30.00 for an individual if registration received after April 8, 2009

\$ 45.00 for a patient and caregiver if registration and payment received by April 8, 2009 (includes one parking pass with early registration only)

\$ 50.00 for a patient and caregiver if registration received after April 8, 2009

*Refunds will be issued provided that 14 days written notice is given prior to the event. NOTE: There will be a non-refundable processing fee of \$25.00 on all cancellations. Scholarships may be available for those who are unable to pay the registration fee. Please contact the NGEC for an application by 04/08/09.*

**NOTE: Parking permit is required. Refer to agenda page for parking information.**

**For more information, please contact the NGEC:** Diann Jones at (775) 682-8470

Name (1): Mr. Ms. Mrs. Dr. \_\_\_\_\_ Patient Caregiver Professional

Name (2): Mr. Ms. Mrs. Dr. \_\_\_\_\_ Patient Caregiver Professional

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ E-mail: \_\_\_\_\_

Profession: \_\_\_\_\_ License No: \_\_\_\_\_ Employer: \_\_\_\_\_

Employer's Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Which address would you prefer us to use? Home Work

I require a special dietary lunch (please explain): \_\_\_\_\_

I require special accommodations (please explain): \_\_\_\_\_

Note: Staff will do their best to accommodate special requests; however, some restrictions may apply.

Please make check payable to **Board of Regents** and mail check and completed registration form to:

Nevada Geriatric Education Center

411 W. 2<sup>nd</sup> St., Reno, NV 89503

**School of Medicine / 150  
University of Nevada, Reno  
Reno, NV 89557-0147**

## **PARKINSON'S DISEASE: SHARING WISDOM**

**Tuesday, April 21, 2009  
8:30 a.m. to 4:00 p.m.**

Location:

University of Nevada Reno  
Joe Crowley Student Union Ballroom (4<sup>th</sup> floor)  
Reno, Nevada 89557

**Note: Parking Permit Required**