Parents as Partners

Early Head Start believes that parents are the child’s FIRST and BEST teacher.

Early Head Start empowers parents to:

- Be their child’s first teacher;
- Achieve skills in decision-making, group process and leadership;
- Join parent committees and the Early Head Start Policy Council;
- Volunteer in the classroom;
- Assist in recruiting new families;
- Be active in assessing the program;
- And more!

To apply online visit our website at https://www.unr.edu/education/centers/cfrc/unr-early-head-start

Applications can also be requested by phone or filled out in person at: 401 W. 2nd Street, Room #113

Questions?
Call 775-682-8482 for more information!

In addition to the completed application please submit copies of:

- Income verification (documentation of family income for the last 12 months OR the last calendar year)
- Proof of your child’s birth (can be birth certificate, birth confirmation or immunization record)
- Proof of Pregnancy (if pregnant)

UNR Early Head Start is funded by grant #09-YC0446 from the U.S. Department of Health and Human Services, Head Start Bureau and by matching funds from state and community sources.
The Home Based Program

The home-based program provides:
- Personalized home visits by certified parent educators, trained in child development,
- Prenatal education and breastfeeding support
- Information to help parents understand what to expect in each stage of their child’s development,
- Practical tips on ways to encourage learning, manage challenging behavior, and promote strong parent-child relationships,
- Group meetings where parents get together to gain new insights and share experiences, common concerns, and successes, and
- Opportunities for families to participate in parent-child activities.

Am I Eligible?

⇒ Are you pregnant? OR
⇒ Is your child 2 years old or younger?
⇒ Do you fall below the federal poverty guidelines?

If you can answer “yes” to these questions you may qualify for the Early Head Start program!

Early Head Start serves income-qualifying:
- Pregnant women
- Infants & toddlers (birth through two) and their families

Early Head Start also provides services for:
- Children with delays or disabilities
- Teen parents
- Foster children
- Families experiencing homelessness
- and many more

Support

The UNR Early Head Start home visiting program supports families by:
- Helping parents develop their parenting skills,
- Assisting parents in the use of the home environment as the child’s primary learning environment,
- Helping parents provide learning opportunities to enhance their child’s growth and development.

Program services include:
- Weekly home visits,
- Parents as Teachers (PAT) Curriculum or Prenatal Education,
- Services for children with special needs
- PLAY groups at least twice a month,
- Connections to community resources,
- Family events & Parent Meetings,
- Transportation resources,
- Nutrition services
- Referrals to community agencies
- And more...

Did you know?
Families who participate in the home visiting program are given priority when a center-based childcare spot opens up!

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.