Early Head Start Offers:

- Developmental Screenings
- Help Finding a Medical Home
- Nutrition Services
- Medical Referrals
- Prenatal Support & Referral
- Home Visits
- CACFP Meals (Center-based Program)
- Parent Meetings & Trainings
- Referrals to Community Resources
- Play Groups
- Transportation Assistance
- Home-based & Center-based services for children with special needs

Am I Eligible?

⇒ Are you pregnant? OR
⇒ Is your child 2 years old or younger?
⇒ Do you fall below the federal poverty guidelines?

If you can answer “yes” to these questions you may qualify for the Early Head Start program!

Early Head Start serves income-qualifying:
- Pregnant women
- Infants & toddlers (birth through two) and their families

Early Head Start also provides services for:
- Children with delays or disabilities
- Teen parents
- Foster children
- Families experiencing homelessness
- and many more

UNR Early Head Start is funded by grant #09-YC0446 from the U.S. Department of Health and Human Services, Head Start Bureau and by matching funds from state and community sources.

“Partnering with families to meet their changing needs.”

Phone: 775-327-5100
Fax: 775-327-5866
The home-based program provides:
- Personalized home visits by certified parent educators, trained in child development,
- Information to help parents understand what to expect in each stage of their child’s development,
- Practical tips on ways to encourage learning, manage challenging behavior, and promote strong parent-child relationships,
- Group meetings where parents get together to gain new insights and share experiences, common concerns, and successes, and
- Opportunities for families to participate in parent-child activities.

The center-based program provides full time high-quality, year-round child care for infants and toddlers at four sites:

**The Nelson Building:** located in downtown Reno.

**The Comstock Center:** located at the northwest end of the University Campus.

**The NEIS Center:** located at the northeast end of the University Campus.

**The Sage Street Center:** located in northeast Reno by the Health Department.

Early Head Start believes that parents are the child’s **FIRST and BEST** teacher.

**Early Head Start empowers parents to:**
- Be their child’s first teacher;
- Achieve skills in decision-making, group process and leadership;
- Join parent committees and the Early Head Start Policy Council;
- Volunteer in the classroom;
- Assist in recruiting new families;
- Be active in assessing the program;
- And more...

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.